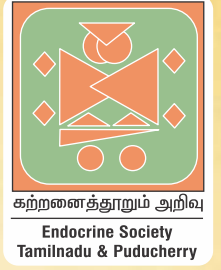


# enrich

## 2022



Postgraduate & Young Doctors Endocrine & Diabetes Update  
Endocrine Society of Tamilnadu & Puducherry (ESTN)

4<sup>th</sup> December 2022, Sunday, 8 am–5 pm

The Leela Palace, Chennai

▶ 2 TNMC credit hours ▶ Poster Presentations ▶ Endocrine quiz

*Click Here* ▼

Link for Online Registration & Abstract submission :

<https://estn.co.in/Enrich2022>

Registration:

Free for Postgraduates (PGs) | Rs.500 for Practicing Doctors



Conference Secretariat:

**Dr. S. Vijaya Bhaskar Reddy**

Vijay Diabetes, Thyroid & Endocrine Clinic

12, First Cross, Saradambal Nagar, Puducherry – 605 005.

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**enrich**  
2022



Dear Colleagues,

It is our proud pleasure to invite you to ENRICH 2022, Postgraduate and young doctors endocrine and diabetes update. ENRICH 2022 is being conducted by the Endocrine Society of Tamilnadu and Puducherry on 4th December 2022, Sunday, 8 am to 5 pm at The Leela Palace, Chennai in a physical face-to-face format. This endocrine update is to address the clinical approaches, recent trends and advances in endocrine practice in an interactive format with lectures, case discussions, meet the professor sessions, workshops, panel discussions, poster presentations and quiz. ENRICH 2022 will generate considerable learning experience and interaction especially for postgraduates and young doctors. ENRICH 2022 offers an ideal opportunity for postgraduates to showcase their research projects, thesis and case reports related to endocrine disorders and diabetes. We look forward to your esteemed presence and active participation, which should benefit the medical fraternity.

*Best regards*

PRESIDENT

**Dr. Kumaravel. V**

VICE PRESIDENT

**Dr. Jayashree Gopal**

VICE PRESIDENT

**Dr. Arul Prakash**

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**Dr. S.Vijaya Bhaskar Reddy**

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**Dr. Thomas Paul**

**Dr. Suresh Damodharan**

**Dr. Nitin Kapoor**

**Dr. RM Manikandan**

**Dr. Usha Ayyagari**

**Dr. Warun Kumar**

Time	Topic	Speaker
8.00 am – 8.45 am	Registration	
8.45 am – 9 am	Inauguration & Welcome address	Dr. V. Kumaravel, Madurai
9 am – 10 am	Session Theme: THYROID Chairpersons: Dr. S. Murthy, Chennai, Dr. S. Chandrasekar, Chennai	
9 am – 9.20 am	Interpretation of Thyroid function tests (TFTs)	Dr. Muthukumaran Jayapaul, Chennai
9.20 am – 9.40 am	Sub-clinical thyroid disease: To treat or not to treat?	Dr. Krishna Seshadri, Chennai
9.40 – 10 am	Case based Discussion in Thyrotoxicosis	Dr. Sivan Arul Selvan, Tirunelveli
10am – 10.30 am	Session Theme: CLINICO- PATHOLOGIC CASE DISCUSSION Chairpersons: Dr. Shriram Mahadevan, Chennai, Dr. P. Velayutham, Coimbatore	
	Discussion: SRMC Team	
10.30am – 11.15 am	Session Theme: OBESITY, PANEL DISCUSSION Moderator: Dr. Nitin Kapoor	
	Panelists: Dr. PG Sundarraman, Chennai, Dr. Arul Prakash, Tuticorin Dr. Vidya, Coimbatore, Dr. Bhuma Srinivasan, Chennai	
11.15 am – 11.30 am	TEA BREAK	
11.30am – 12.30 am	Session Theme: DIABETES Chairpersons: Dr. S. Sridhar, Chennai, Dr. JS Kumar, Chennai	
11.30 am – 11.50 am	Evolution of glucose metrics: Focus on "Time in range"	Dr. Warun kumar, Madurai
11.50 am – 12.10pm	Diabetes in Young: Clinical approach	Dr. Ram Kumar, Chennai
12.10pm – 12.30pm	How to choose an OAD for type 2 diabetes in 2022?	Dr. S. Sridhar, Madurai
12.30pm – 1 pm	Session Theme: T-10: 10 MINUTE TAKE AWAYS Chairperson: Dr. R. Srinivasan, Coimbatore, Dr. Vengadkrishnan, Chennai	
12.30pm – 12.40pm	Glucocorticoid replacement	Dr. Anand Kumar Annamalai, Madurai
12.40 – 12.50 pm	Testosterone replacement	Dr. Rajesh Rajendran, Chennai
12.50pm – 1 pm	Vitamin D supplementation	Dr. Suresh Prabhu, Coimbatore

1 pm – 2 pm	LUNCH POSTER PRESENTATIONS	
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
2.00 pm – 3.00 pm	Session Theme: WORKSHOPS	
2 pm -2.30 pm	Scientific paper: Reading & writing	Dr. Karthik Balachandran, Chennai Dr. JP Sahoo, Puducherry
2.30pm – 3.00 pm	Inpatient Hyperglycemia	Dr. NK Narayanan, Chennai Dr. Usha Ayyagari, Chennai
3.00 pm – 4.00 pm	Session Theme: MEET THE PROFESSOR	
3.00pm – 3.30 pm	Secondary hypertension (Endocrine)	Dr. Thomas Paul/ Dr. Nitin Kapoor, CMC, Vellore
3.30pm – 4 pm	Hyponatremia	Dr. SadishKumar/ Dr. DB Naik, JIPMER, Puducherry
4pm – 4.30 pm	Session Theme: QUICK DRUG REVIEW: NEW KIDS ON THE BLOCK Chairpersons: Dr. Meher Prasad, Chennai, Dr. Anjali Sathya, Chennai	
4pm -4.10pm	Liothyronine	Dr. Jayashree Gopal, Chennai
4.10pm -4.20pm	Immeglimin	Dr. Senthil Raja, Salem,
4.20pm -4.30pm	Bempedoic acid	Dr. Kumar Thulasidass, Chennai
4.30 pm – 5.00 pm	ENDOCRINE QUIZ	Dr. Adlyne Reena Asirvatham, Chennai Dr. Karthik Balachandran, Chennai
5.00 pm	VALEDICTORY FUNCTION & HIGH TEA	

### REGISTRATION DETAILS

Type of registration	Amount in rupees
PGs	Free
ESTN Members	Free
Practicing Doctors	Rs.500

Payment should be made in favour of "The Endocrine Society" Payable at Puducherry.  
Please send your Cheque / Demand Draft to the following address:

#### CONFERENCE SECRETARIAT

Vijay Diabetes, Thyroid & Endocrine Clinic

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