



Postgraduate & Young Doctors Endocrine & Diabetes Update

Endocrine Society of Tamilnadu & Puducherry (ESTN)

4th December 2022, Sunday, 8 am-5 pm
The Leela Palace, Chennai

▶ 2 TNMC credit hours ▶ Poster Presentations ▶ Endocrine quiz

Click Here

Link for Online Registration & Abstract submission : https://estn.co.in/Enrich2022

Registration:

Free for Postgraduates (PGs) | Rs.500 for Practicing Doctors



Conference Secretariat:

Dr. S. Vijaya Bhaskar Reddy

Vijay Diabetes, Thyroid & Endocrine Clinic 12, First Cross, Saradambal Nagar, Puducherry – 605 005.





Dear Colleagues,

It is our proud pleasure to invite you to ENRICH 2022, Postgraduate and young doctors endocrine and diabetes update. ENRICH 2022 is being conducted by the Endocrine Society of Tamilnadu and Puducherry on 4th December 2022, Sunday, 8 am to 5 pm at The Leela Palace, Chennai in a physical face-to-face format. This endocrine update is to address the clinical approaches, recent trends and advances in endocrine practice in an interactive format with lectures, case discussions, meet the professor sessions, workshops, panel discussions, poster presentations and quiz. ENRICH 2022 will generate considerable learning experience and interaction especially for postgraduates and young doctors. ENRICH 2022 offers an ideal opportunity for postgraduates to showcase their research projects, thesis and case reports related to endocrine disorders and diabetes. We look forward to your esteemed presence and active participation, which should benefit the medical fraternity.

Best regards

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PROGRAM SCHEDULE



| | | Tamilnadu & Puducherry | |
|------------------------------|---|---------------------------------------|--|
| Time | Topic | Speaker | |
| 8.00 am - 8.45 am | Registration | | |
| 8.45 am - 9 am | Inauguration & Welcome address | Dr. V. Kumaravel, Madurai | |
| 9 am – 10 am | Session Theme: THYROID Chairpersons: Dr. S. Murthy, Chennai, Dr. S. Chandrasekar, Chennai | | |
| 9 am - 9.20 am | Interpretation of Thyroid function tests (TFTs) | Dr.Muthukumaran Jayapaul, Chennai | |
| 9.20 am - 9.40 am | Sub-clinical thyroid disease: To treat or not to treat? | Dr. Krishna Seshadri, Chennai | |
| 9.40 – 10 am | Case based Discussion in Thyrotoxicosis | Dr. Sivan Arul Selvan, Tirunelveli | |
| 10am - 10.30 am | Session Theme: CLINICO- PATHOLOGIC CASE DISCUSSION Chairperson: Dr. P. Velayutham, Coimbatore | | |
| | Clinical Faculty: Dr. Shriraam Mahadevan & Team, SRMC, Chennai Pathology Faculty: Dr. Lawrance D' Cruze & Team, SRMC, Chennai | | |
| 10.30am - 11.15 am | Session Theme: OBESITY, PANEL DISCUSSION Moderator: Dr. Nitin Kapoor, Vellore | | |
| | Panelists: Dr. PG Sundaraman, Chennai, Dr. Arul Prakash, Tuticorin Dr. Vidhya Jahagirdar, Coimbatore, Dr. Bhuma Srinivasan, Chennai | | |
| 11.15 am -11.30 am TEA BREAK | | | |
| 11.30am - 12.30 am | Session Theme: DIABETES Chairpersons: Dr. S. Sridhar, Chennai, Dr. JS Kumar, Chennai | | |
| 11.30 am - 11.50 am | How to choose an OAD for type 2 diabetes in 2022? | Dr. S. Sridhar, Madurai | |
| 11.50 am - 12.10pm | Evolution of glucose metrics: Focus on "Time in range" | Dr.Warun kumar, Madurai | |
| 12.10pm – 12.30pm | Diabetes in Young: Clinical approach | Dr. Ram Kumar, Chennai | |
| 12.30pm – 1 pm | Session Theme:T-10: 10 MINUTE TAKE AWAYS Chairperson: Dr. R.Srinivasan, Coimbatore, Dr. Sangumani, Madurai | | |
| 12.30pm-12.40pm | Glucocorticoid replacement | Dr. Anand Kumar, Madurai | |
| 12.40 – 12.50 pm | Testosterone replacement | Dr. Rajesh Rajendran, Chennai | |
| 12.50pm -1 pm | Vitamin D supplementation | Dr. Suresh Prabhu, Coimbatore | |
| | | | |

1 pm - 2 pm

LUNCH POSTER PRESENTATIONS



PROGRAM SCHEDULE



| Time | Topic | | Speaker |
|--|-----------------------------------|--|---|
| 2.00 pm – 3.00 pm | Session Theme: WORKS | HOPS | |
| 2 pm -2.30 pm | Scientific paper: Reading & | k writing | Dr. Karthik Balachandran, Chennai Dr. JP Sahoo, Puducherry |
| 2.30pm - 3.00 pm | Inpatient Hyperglycemia | | Dr. NK Narayanan, Chennai Dr. Usha Ayyagari,Chennai |
| 3.00 pm – 4.00 pm | Session Theme: MEET THE PROFESSOR | | |
| 3.00pm – 3.30 pm | Secondary hypertension (E | ndocrine) | Dr. Thomas Paul/ Dr. Nitin Kapoor, CMC, Vellore |
| 3.30pm - 4 pm | Hyponatremia | | Dr. SadishKumar/ Dr. DB Naik, JIPMER, Puducherry |
| 4pm - 4.30 pm Session Theme: QUICK DRUG REVIEW: NEW KIDS ON THE BLOCK Chairpersons: Dr. Meher Prasad, Chennai, Dr. Anjali Sathya, Chennai | | | |
| 4pm -4.10pm | Liothyronine | | Dr.Jayashree Gopal, Chennai |
| 4.10pm -4.20pm | lmeglimin | | Dr. Vengadakrishnan, Chennai |
| 4.20pm -4.30pm | Bempedoic acid | | Dr.Kumar Thulasidass, Chennai |
| 4.30 pm - 5.00 pm | ENDOCRINE QUIZ | Dr. Adlyne Reena Asirvatham, Chennai Dr. Karthik Balachandran, Chennai | |
| 5.00 pm | VALEDICTORY FUNCTION & HIGH TEA | | |

REGISTRATION DETAILS

| Type of registration | Amount in rupees |
|----------------------|------------------|
| Post Graduates (PGs) | Free |
| ESTN Members | Free |
| Practicing Doctors | Rs.500 |

Payment should be made in favour of "The Endocrine Society" Payable at Puducherry.

NEFT Transfer

Bank Name: Indian Bank | Current Account: 6233468324 | IFSC Code: IDIB000R076

Please send your Cheque / Demand Draft to the following address:

CONFERENCE SECRETARIAT

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