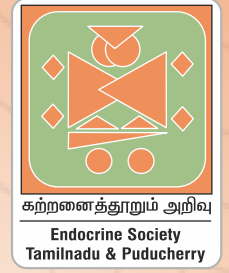
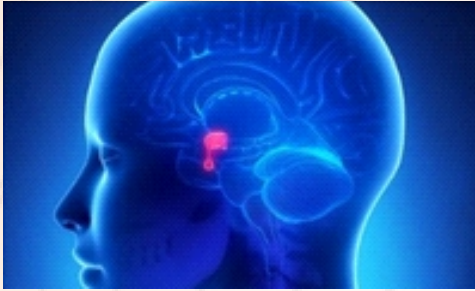


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2025

Endocrine Society of Tamilnadu & Puducherry (ESTN)



**Postgraduate & Young Doctors
Endocrine and Diabetes Update**



**CLICK HERE FOR
ONLINE REGISTRATION & ABSTRACT SUBMISSION**

2 TNMC credit hours applied for/Poster presentations/Endocrine quiz



Date & Time:

**30th November 2025,
Sunday 8.30 am to 5 pm**



Venue:

**Hotel FEATHERS,
Manapakkam, Chennai**

Conference Secretariat: Dr S. Vijay Bhaskar Reddy

Vijay Diabetes & Endocrine Clinic, Puducherry

☎ 75986 78215 ☉ estnendo@gmail.com 🌐 www.estn.co.in

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2025

Postgraduate & Young Doctors Endocrine & Diabetes Update *Endocrine Society of Tamilnadu & Puducherry (ESTN)*

Dear Colleagues,

It is our proud pleasure to invite you to ENRICH 2025, Postgraduate & Young Doctors Endocrine & Diabetes Update. ENRICH 2025 is being conducted by the Endocrine Society of Tamilnadu & Puducherry on 30th November 2025, Sunday, 8.30 am to 5 pm at Hotel FEATHERS, Chennai in a physical face-to-face format. This endocrine and diabetes update is to address the clinical approaches, recent trends and advances in endocrine & diabetes practice in an interactive format with lectures, case discussions, journal watch, updates in diagnostics and drugs, clinico-radiopathologic correlation, poster presentations and quiz. ENRICH 2025 will generate considerable learning experience and interaction especially for postgraduates and young doctors. ENRICH 2025 offers an ideal opportunity for postgraduates to showcase their research projects, thesis and case reports related to endocrine disorders and diabetes in the form of poster presentations. We look forward to your esteemed presence and active participation, which should benefit the medical fraternity.

Best regards

Secretary

Dr. S. Vijay Bhaskar Reddy

President

Dr. Muthukumaran Jayapaul

Treasurer

Dr. Dukhabandhu Naik

Vice-Presidents

Dr. Suresh Damodharan | Dr. Jayashree Gopal

Executive Committee members:

Dr. Usha Ayyagari | Dr. V. Kumaravel | Dr. Shriraam Mahadevan
Dr. S. Sridhar | Dr. R. Bharath Ramji | Dr. Geethalakshmi | Dr. N. K. Narayanan
Dr. Nivethitha Karthika | Dr. Jayaprakash Sahoo

TIME	TOPICS	SPEAKER/CHAIRPERSONS
8.45am–9 am	Inauguration & Welcome address	President, ESTN Dr. Muthukumaran Jayapaul
9.00-10am	Clinical approach to endocrine diseases	Chairpersons: Dr. S Murthy, Chennai, Dr. Vidhya Jahagirdar, Coimbatore
9.00–9.20am	Approach to the patient with obesity (BMI 37)	Dr. Jayashree Gopal, Chennai
9.20 – 9.40am	Approach to the patient with thyroid nodule	Dr. R M Manikandan, Madurai
9.40am–10am	Approach to the patient with hypercalcemia	Dr. R. Bharath, Chennai
10 – 10.30 am	Session Theme: Clinicoradiopathologic correlation	Chairpersons: Dr. P G Sundararaman, Chennai, Dr. G. Shanmugasundar, Chennai
10 – 10.30 am	SRMC Team: Dr. Shriraam Mahadevan, Dr. Divya Maheshwari, Dr. Divya M	
10.30 – 11 am	Session theme: Endocrine Clinics	Chairpersons: Dr. Arul Prakash, Thoothukudi Dr. Usha Ayyagari, Chennai
10.30 – 11 am	Hyperaldosteronism: Clinical diversity of a common clinical problem	Dr. Nihal Thomas, Vellore
11am -11.20am	TEA BREAK	
11.20–12.00pm	Session theme: Diabetes therapies & diabetes complications	Chairpersons: Dr. JS Kumar, Chennai, Dr. Suresh Damodharan, Coimbatore
11.20 - 11.40am	Personalized anti-diabetic drug selection for type 2 diabetes mellitus	Dr. Sridhar Subbiah, Madurai
11.40-12.00pm	Assessment of foot in diabetes: Recognise what is wrong	Dr. M R Warun Kumar, Ramnad
12.00 - 1 pm	Session Theme: Hormone replacement: State of the art	Chairpersons: Dr. S. Sridhar, Chennai Dr. N Anand, Chennai
12.00 - 12.20pm	Thyroxine replacement	Dr. Sivan Arul Selvan, Vellore
12.20 - 12.40pm	Menopausal hormone replacement	Dr. Usha Sriram, Chennai
12.40 -1.00pm	Glucocorticoid replacement	Dr. Sruthi Chandrasekaran, Chennai
1.00 - 2 pm	LUNCH	
	POSTER PRESENTATIONS: Coordinators: Dr. Nivethitha Karthika Dr. Durairaj, Coimbatore	

TIME	TOPICS	SPEAKER/CHAIRPERSONS
2 pm - 2.30 pm	Clinical case seminar:	Dr. Rajesh Rajendran, Chennai, Dr. Padma, Chennai
	Cushing's syndrome	Dr. Jayaprakash Sahoo, Puducherry
2.30 – 3.15 pm	Session Theme: Diagnostics: Why, When, How: To the point	Dr. S. Chandrasekar, Chennai Dr. Adlyne Reena, Chennai
2.30 -2.45 pm	MASLD Markers	Dr. Prem Kumar, Salem
2.45 - 3.00 pm	Bone turnover markers	Dr. Suresh Prabu, Coimbatore
3.00-3.15pm	Catecholamine estimation	Dr. Geethalakshmi, Chennai
3.15-4.00pm	Session Theme: New & Upcoming drugs	Dr. Vengadakrishnan, Chennai Dr. Anjali Sathya, Chennai
3.15 - 3.30 pm	Inhaled insulin	Dr. Leelavathy, Chennai
3.30 - 3.45 pm	Resmetirom	Dr. Thiyagarajan, Coimbatore
3.45 - 4.00 pm	Inclisiran	Dr. Ghurulakshmi Moorthy, Chennai
4.00 - 4.45 pm	Session theme: ENDOCRINE QUIZ:	Quizmasters: Dr. Rameez Raja, Dr. Priyanka
4.45 - 5.00 pm	Valedictory function & High Tea	

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Postgraduate & Young Doctors Endocrine & Diabetes Update
Endocrine Society of Tamilnadu & Puducherry (ESTN)

REGISTRATION DETAILS

Post Graduates FREE but mandatory | Practising Doctors Rs. 1000/-



**CLICK HERE FOR
ONLINE REGISTRATION & ABSTRACT SUBMISSION**

Note: Registration Strictly only for Tamilnadu or Other State
Medical Council registered MBBS doctors

Payment should be made in favour of
“The Endocrine society” Payable at Puducherry.

Name: THE ENDOCRINE SOCIETY
Pay Directly to: endocrinesociety@indianbk



NEFT Transfer

Bank Name : Indian Bank
Current Account: 6233468324
IFSC Code: IDIB000R076

Please send your Cheque / Demand Draft to the following address:

Conference Secretariat: Dr S. Vijay Bhaskar Reddy

Vijay Diabetes & Endocrine Clinic, Puducherry

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