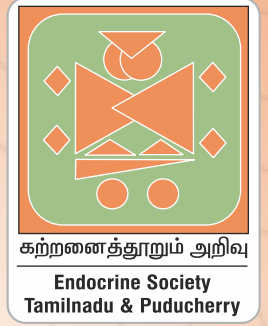


Evening With Endocrinology



Endocrine Society of Tamilnadu & Puducherry (ESTN)
Endocrine Practice updates for Endocrinologists



Date & Time:

29th November 2025,
Saturday, 4 pm onwards



Venue:

Hotel FEATHERS,
Manapakkam, Chennai

CONFERENCE SECRETARIAT

Dr. S. Vijay Bhaskar Reddy
Vijay Diabetes & Endocrine Clinic,
Puducherry

Contact: 75986 78215

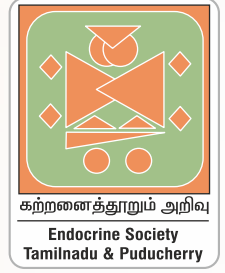
estnendo@gmail.com

www.estn.co.in

Academic Partner



Evening With Endocrinology



Vanakkam!

Welcome to An EWening with Endocrinology 2025

Dear Colleagues,

It is our proud privilege to invite you for “An Evening with Endocrinology”, being conducted by the Endocrine Society of Tamilnadu and Puducherry on 29th November 2025, Saturday, at Hotel FEATHERS, Chennai. This programme is exclusively designed for endocrinologists, to discuss recent trends, changing concepts, sharing research thoughts and exchange of ideas. Practical sessions relevant for endocrine practice have been included this year. The level of discussion will be high end endocrinology. We look forward to your esteemed presence and active participation, which will benefit all of us and the medical fraternity.

Best regards

Secretary

Dr. S. Vijay Bhaskar Reddy

President

Dr. Muthukumaran Jayapaul

Treasurer

Dr. Dukhabandhu Naik

Vice-Presidents

Dr. Suresh Damodharan | Dr. Jayashree Gopal

Executive Committee members:

**Dr. Usha Ayyagari | Dr. V. Kumaravel | Dr. Shriraam Mahadevan
Dr. S. Sridhar | Dr. R. Bharath Ramji | Dr. Geethalakshmi | Dr. N. K. Narayanan
Dr. Nivethitha Karthika | Dr. Jayaprakash Sahoo**

WE 2025: PROGRAM SCHEDULE

TIME	PROGRAM	SPEAKER	CHAIRPERSON MODERATOR
4 pm - 4.05 pm	Welcome address	ESTN President Dr. Muthukumaran Jayapaul, Chennai	
4.05 - 4.15 pm	Welcoming new ESTN members	ESTN Secretary Dr. Vijay Bhaskar Reddy	
4.15 - 5.15 pm	Challenging clinical cases in Endocrinology		
4.15 - 4.30 pm	Case 1. Diagnostic Masquerade: Steroids, Stature & Soaring Testosterone	Dr. Prasad Rao, Chennai	Dr. PG Sundararaman, Chennai
4.30 - 4.45 pm	Case 2. A twist in the cramp	Dr. Anand Kumar Annamalai, Madurai	
4.45 - 5 pm	Case 3. You can see but not touch- what to do?	Dr. Muthukumaran Jayapaul, Chennai	
5 pm - 5.15 pm	Case 4. The Unusual Suspect	Dr. Raghuram, Erode	Dr. Anjali Sathya, Chennai
5.15 - 5.45 pm	Recent original work published by ESTN members		
5.15. - 5.30 pm	1. A randomized controlled trial comparing Testosterone enanthate & testosterone undecanoate as a gender affirming hormonal therapy in Trans males. Clinical Endocrinology 2025, 1-8	Dr. Sridhar Subbiah, Madurai	Dr. Krishna Seshadri, Chennai
5.30 to 5.45 pm	2. Diagnostic accuracy of 4D CT in detecting parathyroid adenoma compared with ultrasound and Sestamibi PECT/CT in primary hyperparathyroidism: A Retrospective Study. Cureus 2025.	Dr. Dukhabandhu Naik, Puducherry	
5.45 - 6.25 pm	Recent updates		
5.45 - 6.05 pm	"Oxytocin: The Forgotten pituitary hormone"	Dr. Nivethitha Karthika, Madurai	Dr. S. Murthy Chennai
6.05 - 6.25 pm	"How has GLP-1 based therapies influenced our practice?"	Dr. N. K. Narayanan Chennai	Dr. Usha Ayyagari, Chennai
6.25 - 6.30 pm	Vote of thanks	ESTN Secretary Dr. Vijay Bhaskar Reddy	
7.00pm onwards	Cultural program Dinner	ESTN Family	