

TRENDO



Mid-Term Conference of
Endocrine Society of India &
2nd Annual Conference of
Endocrine Society Of
Tamil Nadu and Puducherry



Date : 19th Sat & 20th Sun July, 2014
Venue : ITC Grand Chola, Chennai



TRENDO 2014
Emerging Trends in Endocrinology & Diabetes



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Vanakkam !



We welcome you to Chennai on behalf of the Organizing committee of **TRENDO 2014**. This will be an extraordinary meeting held on the 19th & 20th of July under the auspices of the Endocrine Society of India as the Mid-term Conference of the Endocrine Society of India. It will also represent the 2nd Annual meeting of The Endocrine Society Tamil Nadu and Puducherry. We are pleased to note that arrangements regarding the meeting are in full swing and interest shown by colleagues from all over the country has been encouraging. We expect around 1200 registrations for the event.

Chennai hailed as the cultural capital of India, has now become the Gateway to South India with a bustling IT corridor, traditional cultural events and a sprawling Marina. Chennai has been the most visited Indian city since 2008, in terms of foreign tourists arrival. The New York Times has listed only Chennai in India - as a place to be in 2014. This city is renowned for Bharatnatyam, Carnatic music and has a busy cultural calendar for traditional art & music throughout the year.

Science at **TRENDO** is an exciting mix of concepts, controversies and evolving ideas. The program is a melange of Plenaries, Lectures, Symposia, Clinical case seminars and Debates. The program has been designed to maximise learning, minimise bias and improve interaction with the strong national and international faculty. The program will focus on the Practical management of Diabetes, Recent advances in Thyroid disorders, Dyslipidemia, CV Risk Reduction, Surgical Aspects of Endocrinology and Metabolic Bone Disease. An exclusive symposia in collaboration with the Obstetric and Gynaecological society of Southern India (OGSSI) focusing on the Endocrinology of Women's Health & Pregnancy will be the highlight of Day 2. Original work in this conference is encouraged by an exclusive oral session and poster presentation.

Renowned National and International faculty have confirmed participation for the program. The meeting is intended for Physicians, Obstetricians, Diabetologists and General Practitioners. We have applied four credit hours for CME points for the programme. We welcome you all to be an important part of **TRENDO 2014** and we hope that this will be an outstanding meeting of great minds and hearts. We once again have the pleasure to welcome you all to Chennai for **TRENDO 2014**. Please do not hesitate to contact us or any member of our team for any queries regarding the program and your participation.

Best Wishes and Regards,

Dr. Muthukumaran Jayapaul
Organizing Secretary

Dr. S. Murthy
Organizing Chairperson



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Trendo Team

Patrons



Dr. K. Kannan



Dr. M.S. Seshadri



Dr. A.K. Das



Dr. P.G. Sundararaman



Organizing Chairperson
Dr. S. Murthy



Co-Chairperson
Dr. Usha Sriram



Co-Chairperson
Dr. S. Sridhar



**Scientific Committee
Chairperson**
Dr. Krishna Seshadri



Co-Chairperson
Dr. Jayashree Gopal



Organizing secretary
Dr. Muthukumaran Jayapaul



Co-secretary
Dr. V. Kumaravel



Finance Secretary
Dr. Shriram Mahadevan

Scientific Committee

Dr. Nihal Thomas
Dr. Premkumar
Dr. S. Sridhar
Dr. Sruti Chandrasekar
Dr. P. Velayutham
Dr. R. Srinivasan
Dr. Meher Prasad

Organizing Committee

Dr. R. Bharath
Dr. Shanmuga Sunder
Dr. Sadish Kumar
Dr. Krishnan Swaminathan
Dr. Suresh Damodharan
Dr. Arun Kannan
Dr. R. Arul Prakash

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The Endocrine Society of India

The Endocrine Society of India (ESI) is the premier professional society of Endocrinologists in the country. The society is at the forefront in fostering the aspirations of the Endocrine community of India. The mission of the society is to promote excellence in endocrine care across India by holding national conferences, continuing medical education programmes and activities encouraging research in endocrinology - by offering grants, fellowships and training opportunities at centres of excellence. Besides the annual conference - the society is active in continuing medical education through regional meetings and training programs for postgraduates. The official journal of the Endocrine society is the Indian journal of Endocrinology and Metabolism that is indexed and rapidly emerging as a high impact journal of publication. The society is at forefront in forming consensus and guidelines for various endocrine disease. Under the leadership of Dr. G.R. Sridhar the current president, ESI comes back to Chennai after 14 years in the form of its Mid-term Endocrine conference this year.



The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society Tamil Nadu and Puducherry (ESTN) is a nascent organization created with a view to spread awareness about the specialty to the public and to fulfill the need for a state level organization for Endocrinology. The aim of the society is to unite all practicing Endocrinologists and Physicians for the cause of the specialty. The society will work towards helping Endocrinologists and Physicians opportunity to network, further knowledge and practice evidence based medicine. The society also hopes to help develop training programs in Endocrinology and help young physicians in their quest to train in Endocrinology and Diabetes. The 2nd Annual meeting of the ESTN is held in collaboration with the ESI and the OGSSI under the leadership of the founder president of ESTN Dr. S. Murthy in Chennai this year.



For further details regarding memberships and enquiries regarding the society - Please visit the societies stall at the conference or email Dr. Krishna Seshadri at krishnagseshadri@gmail.com

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International Faculty



Prof Mark Walker MD FRCP
Professor of Molecular Diabetic Medicine
University of Newcastle-upon-Tyne, UK



Prof Peter M Nilsson MD PhD
Professor of Clinical Cardiovascular Research
Lund University, SWEDEN

National Faculty

Dr. Anand Moses
Dr. Anjalakshi Chandrasekar
Dr. Anjali Sathya
Dr. Anuradha Chandramohan
Dr. Arun Menon
Dr. Awadesh Kumar Singh
Dr. Bipin Sethi
Dr. Bhuma Srinivasan
Dr. Das. A. K.
Dr. Deepak Abraham
Dr. Dhalapathy.S
Dr. Dharmarajan. P
Dr. Dinesh Dhanwal
Dr. Ganapathy Bantwal
Dr. Gurpeet Singh
Dr. Harinarayana. C. V
Dr. Jayakumar. R. V
Dr. Jayashree Srinivasan
Dr. Kannan. V
Dr. Kaushik Pandit
Dr. Mala Dharmalingam

Dr. Manoj Chadha
Dr. Muralidharan. R
Dr. Murugananthan. A
Dr. Nalini Shah
Dr. Narasingan. S. N
Dr. Nihal Thomas
Dr. Palaniappan. N
Dr. Prabhu. E
Dr. Prasanna Kumar. K. M
Dr. Praveen. V. P
Dr. Radhabai Prabhu
Dr. Rajiv Kovil
Dr. Rakesh Sahay
Dr. Ramachandran. A
Dr. Ravi Kiran
Dr. Ravi Shankar. E
Dr. Ravikumar. K
Dr. Rekha Kurian
Dr. Sahu. J. P
Dr. Sampath Kumari. S
Dr. Santhosh Ramakrishnan

Dr. Sarita Bajaj
Dr. Sawhney. J.P.S
Dr. Seshaiyah.V
Dr. Shaanty Gunasingh. T. K
Dr. Shashank Joshi
Dr. Sridhar. G. R
Dr. Subhankar Chowdhury
Dr. Sudhakar. M. K
Dr. Sujoy Ghosh
Dr. Suresh Prabhu
Dr. Thirumurthy
Dr. Thomas Paul
Dr. Unnikrishnan. A. G
Dr. Vageesh Ayyar
Dr. Vasantha Nair
Dr. Veni
Dr. Vijay Bhaskar Reddy
Dr. Vijay Kumar.G
Dr. Vijay Viswanathan

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Day 1: 19th Sat July, 2014

Time	Programme		
08.30	Registration		
09.00	Inauguration		
Time	Debate	Speaker	Moderator
09.15	Non-calcemic effects of Vitamin D - Another Vitamin bites the dust. Yes vs Not Yet	Dr. Arun Menon Dr. Kaushik Pandit	Dr. A.K. Das
10.00	Does the ADA guideline work for Indians? Yes vs No	Dr. E Ravi Shankar Dr. Bipin Sethi	Dr. G Vijay Kumar
Time	Plenary	Speaker	Chairperson
10.45	Family studies as a road to better understand risk mechanisms for Type 2 diabetes and Cardiovascular disease	Dr. Peter Nilsson	Dr. V. Seshaiyah Dr. Saritha Bajaj
Time	Oration	Speaker	Chairperson
11.30	Rastogi Oration Medal: Dr. S Murthy Citation on behalf of ESTN: Dr. Krishna Seshadri	Dr. V. Kannan	Dr. K. Kannan
Time	Clinical Case Seminar	Speaker	Moderator
12.15	Approach to Hypercalcemia	Dr. Manoj Chadha Dr. Arun Menon Dr. Deepak Abraham Dr. E Prabhu	Dr. Thomas Paul
13.15	Lunch		
Time	Meet the Expert	Speaker	Chairperson
13.45	Initiation and Intensification of Insulin (Hall A)	Dr. Bipin Sethi	Dr. R. Srinivasan
	SGLT2 inhibitors in Clinical care (Hall B)	Dr. K.M. Prasanna Kumar Dr. Awadesh Kumar Singh Dr. Sujoy Ghosh	Dr. J. P. Sahu



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Hall A

Time	Symposia: Diabetes	Speaker	Chairperson
14.45	Looking for MODY, LADA and other forms of Diabetes - in who - with what and how?	Dr. Mark Walker	Dr. A.K. Das Dr. A. Muruganathan
15.05	Risk factor control in T2DM - An Update	Dr. Peter Nilsson	
15.25	Primary Prevention of Type 2 Diabetes: From Evidence to Practice	Dr. A. Ramachandran	
15.45	Discussion		
Time	Symposia: Thyroid	Speaker	Chairperson
16.00	Reassessing Medical therapy in Grave's disease	Dr. R.V. Jayakumar	Dr. Anjali Sathya Dr. S. Sridhar
16.20	Recent advances in Thyroid Ultrasound and their Clinical implication	Dr. Anuradha Chandramohan	
16.40	Noninvasive management of nodular and multi-nodular goitres	Dr. Rakesh Sahay	
17.00	Discussion		

Hall B

Time	Symposia: Endocrinology	Speaker	Chairperson
14.45	The Endocrinology of Critical illness	Dr. V.P. Praveen	Dr. Vasantha Nair Dr. M.K. Sudhakar
15.05	The Endocrinology of Fatigue	Dr. Shashank Joshi	
15.25	The Endocrinology of Love	Dr. R. Muralidharan	
15.45	Discussion		
Time	Symposia: Translating Research into Practice	Speaker	Chairperson
16.00	NASH and its link to diabetes	Dr. Sarita Bajaj	Dr. Suresh Damodharan Dr. S. Prem Kumar
16.25	The New Biology of Osteoporosis and its therapies	Dr. Manoj Chadha	
16.50	Sleep and Diabetes - Exploring the links	Dr. G.R. Sridhar	
17.15	Discussion		

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Time	Programme
17.30	Predinner Symposia - MSD (Hall A)
17.30	Predinner Symposia - Novartis (Hall B)

19.00 Honouring Padma Awardees followed by Gala Dinner, Music with Cocktails

Day 2: 20th Sun July, 2014: Hall A - Combined ESI/OGSSI program

Time	Symposia: Endocrine disorders in Pregnancy	Speaker	Chairperson
09.00	The Pre-gestational Diabetic undergoing Pregnancy	Dr. Awadesh Kumar Singh	Dr. Jayashree Srinivasan
09.20	Deciphering Thyroid function tests in Pregnancy	Dr. Subhankar Chowdhury	Dr. Anjalakshi Chandrasekar
09.40	Pituitary Disorders including Prolactinomas in Pregnancy	Dr. Ganapathy Bantwal	
10.00	Discussion		
Time	Symposia: Women's Health	Speaker	Chairperson
10.15	Is Insulin resistance the correct target for PCOS therapies?	Dr. Mala Dharmalingam	Dr. Radhabai Prabhu Dr. Veni
10.35	Newer tests to evaluate Ovarian function - When, What & How?	Dr. Rekha Kurian	
10.55	Vitamin D and Women's Health	Dr. Vageesh Ayyar	
11.15	Discussion		
Time	Clinical Case Seminar	Speaker	Chairperson
11.30	Secondary amenorrhea	Dr. Subhankar Chowdhury Dr. TK Shaanty Gunasingh Dr. Sampath Kumari Dr. Mala Dharmalingam	Dr. N. Palaniappan



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Hall B

08.00 Oral presentation and Abstract session - Dr. Krishna Seshadri & Dr. Shriram Mahadevan			
Time	Symposia: Endocrine Testing	Speaker	Chairperson
09.00	Discordant Thyroid function tests - How to make sense?	Dr. A. G. Unnikrishnan	Dr. Bhuma Srinivasan Dr. Vijay Bhaskar Reddy
09.20	Tests for Cushing's syndrome - What's simple and what works?	Dr. Nalini Shah	
09.40	Searching for MEN in Clinical practice	Dr. Nihal Thomas	
10.00	Discussion		
Time	Programme	Speaker	Chairperson
10.15	Debate 1: Statin up and forget - Does it work for Indians? Yes vs Not	Dr. Rajiv Kovil Dr. Gurpreet Singh	Dr. S.N. Narasingan
11.00	Debate 2: BMD based osteoporosis therapy - are we a treating a number or an outcome?	Dr. Dinesh Dhanwal Dr. R. Muralidharan	Dr. S. Sridhar
11.45	Clinical Case Seminar - Diabetes in Children	Dr. KM Prasanna Kumar Dr. P.G. Sundaraman Dr. Santhosh Ramakrishnan Dr. K. Ravikumar	Dr. Krishnan Swaminathan
12.30 Lunch - Hall Unites			
13.20	Meet the Expert - Diabetic foot	Dr. Vijay Viswanathan	Dr. Arul Prakash Dr. Suresh Prabhu
13.40	Management of Hypertension in Diabetes	Dr. JPS Sawhney	
14.00	Discussion		
14.10	Plenary 2: Inflammation to Insulin Resistance and Pathogenesis of Diabetes - Implications in clinical care	Dr. Mark Walker	Dr. Anand Moses Dr. P. Dharmarajan
14.55	Clinical Case Seminar: Management of thyroid nodule and Thyroid cancer	Dr. AG Unnikrishnan Dr. Ganapathy Bantwal Dr. Thirumurthy Dr. S. Dhalapathy	Dr. P. Velayutham
15.45	Valedictory Function		

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REGISTRATION DETAILS:

Category	Upto 15 th June 2014	After 16 th June 2014	Spot Registration
Delegate	₹ 4000	₹ 5000	₹ 8000
Spouse / Assoc Delegate / ESI Member	₹ 3000	₹ 4000	₹ 6000
International Delegate	\$ 150	\$ 200	\$ 400
Post Graduate	₹ 2500	₹ 3000	₹ 4000

- Abstracts can be submitted online at the Conference Website. Last Date of submission is 30.06.2014. Attractive prizes are available for the best Poster and Presentation.
- Post Graduates should furnish a proof of his/her status from the head of department/ Institution.
- Payments may be made in Cash/DD/Cheque payable at Chennai in favour of "TRENDO".
- Registration cancellation is permitted up to 15th June 2014. 50% of the registration fee refunded only after the conference.
- Registered delegates are entitled for attending scientific sessions, Inaugural programme, Trade exhibition, Lunches, delegate kits.

Venue : ITC Grand Chola



Contact Us!

Conference secretariat:
Arka Center for Hormonal Health Pvt Ltd
5/2, First Avenue, Sastri Nagar,
Adyar, Chennai - 600 020.
Phone: 044 - 24900050/51/52
Mobile: 0 98411 42606
Email: trendo2014@gmail.com
Website: www.trendo2014.com

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REGISTRATION FORM

Registration No.

Receipt No.

PERSONAL DETAILS (Please fill in CAPITAL LETTERS only)

Title: Dr Prof Mr Mrs Ms

Full Name : _____ Gender : Male Female

Address : _____

_____ City: _____ Pin Code: _____

Institution/Company: _____

Phone: _____ Mobile: _____

Email: _____ Fax No : _____

Category	Upto 15 th June 2014	After 16 th June 2014	Spot Registration
Delegate	<input type="checkbox"/> ₹ 4000	<input type="checkbox"/> ₹ 5000	<input type="checkbox"/> ₹ 8000
Spouse / Associate Delegate	<input type="checkbox"/> ₹ 3000	<input type="checkbox"/> ₹ 4000	<input type="checkbox"/> ₹ 6000
International Delegate	<input type="checkbox"/> \$ 150	<input type="checkbox"/> \$ 200	<input type="checkbox"/> \$ 400
Post Graduate	<input type="checkbox"/> ₹ 2500	<input type="checkbox"/> ₹ 3000	<input type="checkbox"/> ₹ 4000

PAYMENT DETAILS

DD/Cheque No: _____ Date: _____ Amount (Rs): _____

Amount in words: _____

Bank & Branch Name : _____

Name : _____ Designation: _____ Date: _____

N.B.:

1. Post Graduates should furnish a proof of his/her status from the head of department/Institution.
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4. Registered delegates are entitled for attending Scientific sessions, Inaugural programme, Trade exhibition, Lunches/Dinners, delegate kits.

Signature & Stamp

Kindly send the duly filled form at the below address:

Conference secretariat

Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri Nagar, Adyar, Chennai - 600 020. Phone: 044 - 24900050/51/52 Mobile: 0 98411 42606

Email: trendo2014@gmail.com Website: www.trendo2014.com

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