

TRENDO 2017

Emerging Trends in Endocrinology & Diabetes

5TH ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY



22ND SAT & 23RD SUN JULY, 2017 VENUE: ITC GRAND CHOLA, CHENNAI







Dear Colleague,

Warm greetings from Chennai.

Puducherry to be held on July 22nd & 23rd 2017 at ITC Grand Chola, Chennai. As you are aware, the field of Endocrinology and Diabetes is rapidly advancing and it would not be an exaggeration to say that it is a challenge to keep oneself updated with latest developments. On behalf of the organizing committee, we promise that *TRENDO* 2017 would definitely help you face this challenge, with meticulously planned scientific sessions covering all clinically relevant domains of diabetes and endocrinology with a right mixture of plenary lectures, interactive clinical case discussions and debates. We have invited exemplary luminaries in the field from both India and abroad to make sure that every session would provide an unbiased opinion on the topic that would be highly valuable and practical. Poster and free paper presentation sessions are included to encourage research and participation of postgraduates and physicians with interest. We also have an exclusive symposium in collaboration with OGSSI – Endocrinology and Women's Health.

The conference is held at ITC Grand Chola in the heart of Chennai and we expect around 1500 to 1800 delegates comprising of Physicians, Diabetologists, Gynaecologists and General practitioners. The organizing committee will take maximum effort to make *TRENDO 2017* a memorable event for scientific content and hospitality.

Once again, we are glad to welcome you to **TRENDO 2017**. Please do not hesitate to contact us or any of the team members for any queries regarding the meeting or your participation.

Best Wishes and Regards

Dr. Shriraam Mahadevan (Organizing Secretary)

Dr. Muthukumaran Jeyapaul (Co-Organizing Secretary)

Dr. S. Sridhar (Chairperson)

Dr. Krishna Seshadri (Scientific Committee Chairperson)



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Dr. S. Murthy



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Co-Chairperson Dr. Usha Sriram



Dr. Shriraam Mahadevan



Organizing secretary Co-Organizing secretary Scientific Committee Dr. Muthukumaran Jeyapaul



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Dr. Velayutham P

Dr. Vijaya Bhaskar Reddy

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Dr. Sadish Kumar K

Dr. Sruti Chandrasekharan

Dr. Subramanian Kannan

Dr. Thomas Paul

Dr. Vignesh G



International Faculty



Dr. Mark Gurnell, Ph.D. FRCP Senior Lecturer, Department of Endocrinology, Cambridge University, UK



Jack. L. Leahy, MD Professor of Medicine & Chief Division of Endocrinology, Diabetes & Metabolism University of Vermont, USA

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கற்றலை த்தூறும் அறிவு Endocrine Society of Temlinadu

Day 1 : 22nd Sat July, 2017

Time	Hall - A	Speaker	Moderator / Chairperson
8.30 am	Registration		
9.00 am	Opening remarks & Lighting of Kuthuvilakku		Dr. S. Sridhar Dr. Krishna Seshadri Dr. Shriraam Mahadevan
	What's hot in Endocrinology?		
9.15 am 9.35 am 9.55 am 10.15 am	Newer therapeutic options in Dyslipidemia Novel targets and emerging treatments in Osteoporosis Euglycemic ketosis and cardiac outcomes Discussion	Dr. Sujoy Ghosh Dr. Manoj Chadha Dr. K.V.S. Harikumar	Dr. S. Murthy Dr. J. Damodharan
	Plenary		
10.30 am 10.55 am 11.20 am	CVD protection with current type 2 DM treatments Thyroid hormone action and metabolism – novel insights in the study of unusual TFTs. Discussion	Dr. Jack Leahy Dr. Mark Gurnell	Dr. Krishna Seshadri Dr. R. S. Hariharan
	Clinical Case Seminar		
11.30 am	Endocrine Hypertension	Dr. Sujoy Ghosh Dr. Manoj Chadha Dr. N. K. Narayanan Dr. Sridhar Subbiah	Dr. R. Bharat Dr. M. Ravikiran
	Plenary		
12.15 pm	What is type 2 DM: current thoughts and research update	Dr. Jack Leahy	Dr. D. Rajasekar Dr. Padma
12.45 pm	Presidential Oration	Medal: Dr. S. Sridhar	Citation on behalf of ESTN: Dr. V. Kumaravel
13.15 pm	Lunch & Industry spotlight		

கற்றனைத்தூறும் அறிவு Endocrine Society of Tamilnadu

Day 1 : 22nd Sat July, 2017

Time	Hall - A	Speaker	Moderator / Chairperson
	Debate		
14.15 pm	The First Injectable GLP1 vs Insulin	GLP1: Dr. Neeta Deshpande Insulin: Dr. Anandkumar Annamalai	Dr. Anand Moses
	Themed Symposia: Diabetes		
15.00 pm	Hypoglycemia and pseudo hypoglycemia in diabetes	Dr. S. K. Singh	Dr. Rajendran
15.20 pm	Understanding the position of SGLT2i in clinical care	Dr. J. J. Mukherjee	Dr. I. Periandavar
15.40 pm	Diabetes co-formulations - what is their role?	Dr. R. Srinivasan	
16.00 pm	Discussion		
	Themed symposia : Controversies		
16.15 pm	The many shades of adult diabetes	Dr. G. Vijayakumar	Dr. V. K. Subbiah
16.35 pm	Managing lipid phenotypes	Dr. Ameya Joshi	Dr. Girija
16.55 pm	Hypertension in the diabetic - New evidence and new guidance	Dr. A. Muruganathan	
17.15 pm	Discussion		
17.30 pm	General Body meeting of ESTN		
18.15 pm	Industry symposia	MSD/Novartis	
19.15 pm	Inauguration & Dinner with Light music		



Day 1: 22nd Sat July, 2017

Poster Session: 2 - 3 pm. Co-ordinators: Dr. Anjali. S, Dr. Shanmugasundar. G & Dr. Asha. H.S.

Time	Hall - B	Speaker	Moderator / Chairperson	
	Debate			
14.15 pm	Basal bolus is dead in T2DM	Dead: Dr. Krishnan Swaminathan Very much alive: Dr. J.P. Sahoo	Dr. P. G. Sundararaman	
	Themed Symposia : Incidentalomas			
15.00 pm	Adrenal incidentaloma	Dr. R. Arul Prakash	Dr. N. N. Anand Dr. S. Sakthivel	
15.20 pm	Pituitary incidentaloma	Dr. K. Sadishkumar		
15.40 pm	The incidental Thyroid nodule	Dr. Subramanian Kannan		
16.00 pm	Discussion			
	Themed Symposia Endocrine Testing - When and How?		Dr. S. Anjali Dr. Ananthabaskar	
16.15 pm	Approach to the patient with elevated PTH	Dr. Thomas Paul		
16.35 pm	Approach to the patient with disordered Water Metabolism	Dr. R. Muralidharan		
16.55 pm	Pituitary function in adults	Dr. P. Velayutham		
17.15 pm	Discussion			



Day 2: 23rd Sun July, 2017

Time	Hall - A	Speaker	Moderator / Chairperson	
	ESTN/OGSSI Symposia			
9.00 am 9.20 am 9.45 am	PCOS and Sub-fertility: What is new? TSH and Reproduction Discussion	Dr. Ganapathy Bantwal Dr. Mark Gurnell	Dr. C. Veni Dr. T. Srikala Prasad Dr. Shriraam Mahadevan	
	Clinical Case Seminar			
9.55 am	Thyroid disease before, during and post-pregnancy	Dr. P. G. Sundararaman Dr. Usha Sriram Dr. T.K. Shaanthy Gunasingh Dr. Anjalakshi Chandrasekar Dr. R. Premalatha	Dr. Sruti Chandrasekaran Dr. G. Shanmugasundar	
10.40 am	Themed symposia: Women Obesity and Diabetes			
10.40 am 11.00 am 11.20 am 11.40 am	Obesity and Reproductive outcomes New insights in GDM Vitamin D in sub fertility and pregnancy Discussion	Dr. K. S. Jeyarani Kamaraj Dr. Nihal Thomas Dr. Chitra Selvan	Dr. T. Sampath Kumari Dr. P. B. Premalatha Dr. Muthukumaran Jeyapaul	
	Debate			
11.55 am	Paleo Diet - Should we eat like Cave men?	Yes: Dr. A. Premkumar No: Dr. E. Ravishankar	Dr. S. Venkatraman	
12.40 pm	Industry spotlight and product theatre			
13.00 pm	Lunch and halls unite			



Day 2: 23rd Sun July, 2017

Time	Hall - A	Speaker	Moderator / Chairperson
13.45 pm	Rastogi Oration	Medal: Dr. K. Kannan	Dr. V. Kannan Dr. V. Kumaravel
	New concepts in endocrinology		
14.15 pm	The Endocrinology of longevity	Dr. A. G. Unnikrishnan	Dr. J. Sangumani
14.35 pm	The Endocrinology of love	Dr. Mathew John	Dr. G. Vignesh
14.55 pm	Discussion		
	Themed symposia: Diabetes		
15.05 pm	Preventing nephropathy through OHAS - what is the evidence?	Dr. A. K. Das	Dr. Ravichandran
15.25 pm	Weekly therapies in Diabetes	Dr. V. Kumaravel	Dr. P. Palaniappan
15.45 pm	Diabetic therapies in the Older individuals	Dr. Arthur Asirvatham	
16.05 pm	Discussion		
16.15 pm	Valedictory		

கற்றலை த்தூறும் அறிவு Endocrine Society of Tamilnadu

Day 2: 23rd Sun July, 2017

Time	Hall - B	Speaker	Moderator / Chairperson
8.00 am	n Oral presentations		Dr. R. Bharath Dr. M. Ravikiran Dr. A. Adlyne Reena
	Adolescent Endocrinology		
9.00 am	Short Normal child: Point / Counterpoint Dr. K. G. Ravikumar Dr. K. Hemchand		Dr. K. Kannan Dr. Jeyashree Gopal
9.20 am	Extensive personal experience: Type 1 Diabetes	Dr. K. M. Prasannakumar	
9.45 am	Discussion		
	Clinical Case Seminar		
9.55 am	Management of Diabetes in Adolescents	Dr. K. M. Prasannakumar Dr. Suresh Dhamodharan Dr. S. Murthy Dr. Anjali Sathya	Dr. R. M. Manikandan Dr. Sivan Arulselvan
	Themed symposia : Nuts and bolts		
10.40 am 11.00 am 11.20 am	When should you consider minimally invasive thyroid surgery Non-surgical options for size reduction in MNG and Nodules PET scans in Endocrinology - When &What	Dr. S. Dhalapathy Dr. BipinSethi Dr. K. G. Kallur	Dr. K. Thirumurthi Dr. K. Arun
11.40 am	Discussion		
	Debate		
11.55 am	Sulfonylureas in high risk patietnts?	For: Dr. P. Dharmarajan Against: Dr. Vijayabhaskar Reddy	Dr. D. Shantharam

The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013 with a view to spread awareness about the specialty to the public and to fulfill the need for a state level organization for the specialty. The aims of the Society are to unite all practicing physician endocrinologists qualified and trained or otherwise interested to work for the cause of Endocrinology and subjects with Endocrine disorders. The other aims are to propagate recent developments in the endocrine science through periodic conduct of conferences and publish journals, newsletters or guidelines. To publish books for lay public, under and post graduate medical students and others.



TRENDO 2017 will represent the 5th **Annual meeting of the Endocrine Society of Tamil Nadu and Puducherry**. It is conducted with a view to spread up to date evidence based knowledge in Endocrinology & Diabetes to Physicians, specialists with allied interest such as Gynecologists and Pediatricians and general practitioners.

Memberships & Subscriptions

Full membership - Physician with a post graduate qualification in Endocrinology and/or trained in Endocrinology - Life membership Rs. 10,000/- only, entry fee Rs.1000/-

Associate members - Physicians and Basic scientists who do not meet the above requirements but are interested in Endocrinology Rs.10,000/- only as life membership & entry fee Rs.1000/-

Student members - Medical and Basic science students undergoing post-graduate courses in Endocrine or other related sciences Rs.3000/- for the period of current studentship with an entry fee Rs.250/- only

Corporate membership – Institutions and industries interested in the advancement of Endocrinology – Rs.1,00,000/- only with an entry fee of Rs.1000/- only (One time)

Current Office - Bearers

Patron : Dr. K. Kannan, Madurai President : Dr. S. Sridhar, Chennai

Vice President : Dr. Muthukumaran Jeyapaul, Chennai

Secretary : Dr. V. Kumaravel, Madurai

Treasurer : Dr. Sridhar Subbiah, Madurai

For enquiries regarding The Endocrine Society -Tamil Nadu and Puducherry

Contact : Dr. V. Kumaravel

E-mail: drvkumaravel@gmail.com

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TRENDO 2017

$\mathbf{5}^{\text{th}}$ Annual Conference of Endocrine Society Of Tamil Nadu and Puducherry

22nd Sat & 23rd Sun July, 2017 Venue: ITC Grand Chola, Chennai



Registration No.		REGISTRATIO	Recei	e use only)
PERSONAL DETAILS	(Please fill in CAPITAL LETTE	ERS only)		
Title: Dr Prof	Mr Mrs	Ms		
Full Name :				Gender: Male Femal
Address :			City:	Pin Code:
Institution/Company:				
Ph:	Mobile:	Email:		Med Council Reg No :
Category	Upto 31 st May 20	17 Up	to 30 th June 2017	Spot Registration
Delegate	 		₹ 5000	₹ 8000
Post Graduate	₹ 2500		₹ 3000	₹ 4000
PAYMENT DETAILS				
DD/Cheque No:	Date:A	.mount (₹)	In words:	
Bank & Branch Name :				
	Designation:Date:			
2. Payments may be made in Cash/3. Cancellation of registration is per refunded only after the conference	proof of his/her status from the Head of /DD/Cheque payable at Chennai in fav mitted only up to 30 th June 2017. Cand se. I for attending Scientific Sessions, Inac	our of "The Endocrine cellation prior to confere	e Society". ence date - 50% of the registratio	
Kindly send the duly filled for Conference secretariat:	orm at the below address:			Signature & Stamp

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