



# TRENDO 2019

Emerging Trends in Endocrinology & Diabetes



7<sup>th</sup> Annual Conference of Endocrine Society of Tamil Nadu and Puducherry

29<sup>th</sup> Sat & 30<sup>th</sup> Sun June, 2019 Venue: ITC Grand Chola, Chennai



Dear Colleague,

Warms greetings from Chennai.



It is our proud privilege and pleasure to invite you to *TRENDO 2019*, *T<sup>th</sup> Annual Conference of the Endocrine Society of Tamilnadu and Puducherry to be held on June 29<sup>th</sup> & 30<sup>th</sup> 2019 at ITC Grand Chola, Chennai*. As you are aware, the field of Endocrinology and Diabetes is rapidly evolving and it would not be an exaggeration to say that it is a challenge to keep oneself updated with latest developments. On behalf the organizing committee, we promise that *TRENDO 2019* would definitely help you face this challenge, with meticulously planned scientific sessions covering all clinically relevant domains of diabetes and endocrinology with a right mixture of plenary lectures, symposia, interactive clinical case discussions and debates. We have invited distinguished faculties in the field from both India and abroad to make sure that every session would provide an unbiased opinion on the topic that would be highly valuable and practical. Poster and free paper presentation sessions are included to encourage research and participation of postgraduates and physicians with interest. We also have an exclusive symposium in collaboration with OGSSI - Endocrinology and Women's Health.

Chennai known for its medical excellence as the health capital of India attracts approximately 50 percent of health tourists visiting the country. Lonely Planet named Chennai as one of the top ten cities in the world to visit in 2015. The conference is held at ITC Grand Chola in the heart of Chennai and we expect around 1800 delegates comprising of Physicians, Diabetologists, Gynaecologists and General practitioners. The organizing committee will take maximum effort to make *TRENDO 2019* a memorable event for scientific content and hospitality. This unique 2 - day programme will cover day to day endocrinology, update in management of thyroid disorders, current controversies in diabetes, endocrinology of/in pregnancy, PCOS, Dietary therapies for NCDs and Paediatric endocrinology.

Once again, we are glad to welcome you to **TRENDO 2019**. Please do not hesitate to contact us or any of the team members for any queries regarding the meeting or your participation.

**Best Wishes and Regards** 

**Dr Muthukumaran Jeyapaul**Organizing Secretary

Dr R Bharath & Dr M Ravikiran
Joint-Secretaries

**Dr S Sridhar**Organizing Chairman

**Dr Krishna Seshadri** Scientific Chairperson



### The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013 with a view to spread awareness about the specialty to the public and to fulfill the need for a state level organization for the specialty. The aims of the Society are to unite all practicing physician endocrinologists qualified and trained or otherwise interested to work for the cause of



Endocrinology and subjects with Endocrine disorders. The other aims are to propagate recent developments in the endocrine science through periodic conduct of conferences and publish journals, newsletters or guidelines. To publish books for lay public, under and post graduate medical students and others.

**TRENDO 2019** will also represent the 7<sup>th</sup> Annual Conference of the Endocrine Society of Tamil Nadu and Puducherry. It is conducted with a view to spread up to date evidence based knowledge in Endocrinology & Diabetes to Physicians, specialists with allied interest such as Gynecologists and Pediatricians and general practitioners.

#### **ESTN Office Bearers**



**President**Dr. Krishna Seshadri



Vice Presidents
Dr. Shriraam Mahadevan Dr. Su



Dr. Suresh Dhamodharan



Secretary
Dr. V. Kumaravel



Treasurer
Dr. Sridhar Subbiah

EC Members : Dr. R. Bharath
Dr. Ravikiran

Dr. Sruthi Chandrasekar

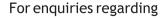
Dr. Vijay Bhaskar Reddy

Dr. Muthukumaran Jayapaul

Dr. Prem Kumar

Dr. Vignesh

Dr. Manikandan



The Endocrine society - Tamil Nadu and Puducherry

Dr. V. Kumaravel, MD, MSc. Diab, DNB(Endo), MNAMS

Honorary Secretary

Email: drvkumaravel@gmail.com

Web: www.estn.co.in



## Trendo Team

### Patrons







Dr. P.G. Sundararaman



Dr. M. S. Seshadri

Joint-Secretaries



Organizing Chairman
Dr. S. Sridhar



Organizing Secretary
Dr. Muthukumaran Jayapaul



Dr. R. Bharath



TRENDC

Dr. M. Ravikiran



Scientific Chairperson
Dr. Krishna Seshadri



Scientific Co-Chairperson Dr. Jayashree Gopal



Finance Secretary
Dr. Shriraam Mahadevan



Joint Secretary-Finance Dr. G. Shanmuga Sundar

### **Organizing Committee**

### Dr. Nihal Thomas

Dr. Bhuma Srinivasan

Dr. Shruthi Chandrasekar

Dr. Arulprakash

Dr. Vijayabaskar Reddy

Dr. Jayaprakash Sahoo

Dr. K.Arun

Dr. S. Vignesh

### **Scientific Committee**

Dr. Thomas Paul

Dr. Anjali Sathya

Dr. NK Narayanan

Dr. AnandkumarAnnamalai

Dr. P. Velayutham

Dr. Sadishkumar Kamalanathan

Dr. Adlyne Reena Asirvatham

Dr. V. Kumaravel

### Registration & Hospitality Committee

Dr. Ananthabhaskar Ramalingam

Dr. Dhalapathy Sadacharan

Dr. Rajesh Rajendran

Dr. R.Srinivasan

Dr. R.M.Manikandan

Dr. Sridhar- Madurai

Dr. Ramkumar

Dr. Suresh Damodharan

#### **Conference Promotion Committee**

Dr. A. Premkumar

Dr. Sakthivel.S

Dr. Karthik

Dr. Suresh Prabhu

Dr. Meher Prasad



## International Faculty



**Prof. Rudy Bilous** 

MBBS MD FRCP Formerly Prof of Endocrinology James Cook University Hospital Middleborough, United Kingdom





MBBS MD FRCP CCST (Int Med & Endo)

Consultant Physician and Senior Lecturer

University of Newcaslte-upon-Tyne

Newcastle-upon-Tyne, United Kingdom

## National Faculty

Dr. Adlyne Reena. A

Dr. Anand kumar. A

Dr. Ananthabhaskar. R

Dr. Anand Moses

Dr. Anjali. S

Dr. Anil Bhansali

Dr. Aravind S.R.

Dr. Arul Prakash

Dr. Arun Kannan

Dr. Arun.C.S

Dr. Asha, H. S

Dr. Bharath. R

Dr. Bipin Sethi

Dr. Dhalapathy Sadacharan

Dr. Dharmarajan. P

Dr. Geethalakshmi, S

Dr. Jeyakumar. R. V

Dr. Jayashree Gopal

Dr. Jeevan Mettayil

Dr. Joe George

Dr. Kannan V

Dr. Karthik Balachandran

Dr. Krishna Seshadri

Dr. Krishnan Swaminathan

Dr. Kumaravel

Dr. Mala Dharmalingam

Dr. Manikandan, R. M.

Dr. Manoj Chaddha

Dr. Meher Prasad

Dr. Murthy, S

Dr. Muralidharan. R

Dr. Narayanan. N. K

Dr. Nihal Thomas

Dr. Nitin Kapoor

Dr. Periandavar

Dr. Pramod Gandhi

Dr. Prem Kumar

Dr. Rajesh Rajendran

Dr. Rajesh Rajput

Dr. Ramkumar

Dr. Ravikiran

Dr. Ravi Shankar. E

Dr. Sadish kumar. K

Dr. Sahoo, J. P

Dr. Sakthivel

Dr. Sangumani

Dr. Sathian Raghavan

Dr. Senthil

Dr. Shanmugasundar

Dr. Shriraam Mahadevan

Dr. Sivan Arul Selvan

Dr. Somasekhar Reddy

Dr. Sridhar. S

Dr. Sridhar. S (Madurai)

Dr. Srinivasan, R

Dr. Sruthi Chandrasekhar

Dr. Subramanian, K

Dr. Subramanian, K.A.V

Dr. Sundararaman. P. G

Dr. Suresh Damodharan

Dr. Suresh Prabhu

Dr. Thomas Paul

Dr. Usha Sriram

Dr. Vageesh Ayyar. S

Dr. Velayutham. P

Dr. Venkatraman. S

Dr. Vignesh. G

Dr. Vijayakumar. G. V

Dr. Vijay Bhaskar Reddy





#### **SCIENCE@TRENDO**

Science at TRENDO is an exciting mix of concepts, controversies, practice at cusp and evolving ideas. The program is a melange of plenaries, lectures and symposia, clinical case seminars, debates and meet the expert session allowing the discerning clinician



to choose and learn in a format that he is most comfortable with. The program has been designed to maximise learning, minimise bias and improve interaction with the strong national and international faculty.



### **Symposia**

- Endocrinology of/in Pregnancy
- Newer Therapies in Diabetes Role in Clinical Practice
- Type 2 Diabetes Reversal Possibilities
- Thyroid Dilemmas
- PCOS Role of Newer Therapies

#### **Clinical Case Seminars**

- Longterm management of thyrotoxicosis
- Management of Comorbidities in diabetes
- Approach to a patient with Pituitary incidentaloma
- The medical management of obesity

### Meet the Expert

- Genetic testing in Endocrinology
  - who needs it?
- Conundrums in Endocrine care
- Difficult Diabetes
- Hypoglycemia & Pseudohypoglycemia

#### **Debate**

- SGLT2i in primary prevention YES or NO
- Targeting macronutrients in diet
  - do they work
- ADA/EASD Guidelines for Indian patients - YES or NO

### **REGISTRATION FORM**

| Registration No.   |   | Receipt No.   | கற்றனைத்தூறும்<br>அறிவு<br>Endocrine Society of Tamilnedu |
|--|---|---|---|
| PERSONAL DETAILS (Please Title: Dr Prof  |   | Ms  |   |
|  |   |   | T. C. Mala C. Famala                                      |
| Full Name :  |   |   | r: mate   |
| Address:   |   |   | in Code:  |
| Institution/Company:   |   |   |   |
| Ph:  | Mobile:   | Email:  |   |
| MED COUNCIL REG NO:  |   | STATE:  |   |
| Category Delegate  | Upto 31 <sup>st</sup> April 2019  ₹ 4000  | Upto 30 <sup>th</sup> May 2019  ₹ 5000                        | Spot Registration  ₹ 8000                                 |
| Post Graduate  PAYMENT DETAILS   | ₹ 2500  | ₹ 3000  | <b>₹ 4000</b>   |
| DD No:   | Date:   | Amount ( F  | Rs ):   |
| Amount in words:   |   |   |   |
| Bank & Branch Name :   |   |   |   |
| Name :   | Designation:_   | Da  | te:   |
| <ol> <li>N.B.:</li> <li>Post-graduates should furnish a proof</li> <li>Payments may be made in Cash / DD</li> <li>Cancellation of registration is permit date - 50% of the registration fee wil</li> <li>Registered delegates are entitled for exhibition, Lunches/Dinners and a De</li> <li>Kindly send the duly filled form</li> </ol> | payable at <b>Madurai</b> in favour of "1<br>ted only up to 15th June 2019. Cai<br>I be refunded only after the confe<br>attending Scientific Sessions, Inau<br>elegate kits. | The Endocrine Society".  ncellation prior to the above rence. |   |

Email: trendo2019@gmail.com | Website: www.estn.co.in



### **REGISTRATION DETAILS:**

| Category      | Upto 31 <sup>st</sup> April 2019 | Upto 30 <sup>th</sup> May 2019 | Spot Registration |
|---------------|----------------------------------|--------------------------------|-------------------|
|               | opto 31 April 2017               | opto 30 may 2017               | Spot Registration |
|               |                                  |                                |                   |
| Delegate      | ₹ 4000                           | ₹ 5000                         | ₹ 8000            |
|               |                                  |                                |                   |
|               |                                  |                                |                   |
| Post Graduate | <b> </b>                         | ₹ 3000                         | <b>₹ 4000</b>     |

- Post Graduates should furnish a proof of his/her status from the head of department/ Institution.
- Payments may be made in Cash / DD payable at Madurai in favour of "The Endocrine Society".
- Cancellation of registration is permitted only up to 15th June 2019. Cancellation prior to the above date - 50% of the registration fee will be refunded only after the conference.
- Registered delegates are entitled for attending Scientific Sessions, Inaugural programme, Trade exhibition, Lunches/Dinners and a Delegate kit.

Venue: ITC Grand Chola



Contact Usl.

Conference secretariat:

Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri Nagar Adyar, Chennai - 600 020

Mobile: 98411 42606

Email: trendo2019@gmail.com Website: www.estn.co.in

## TRENDO 2019

7<sup>th</sup> Annual Conference of Endocrine Society Of Tamil Nadu and Puducherry

29<sup>th</sup> Sat & 30<sup>th</sup> Sun June, 2019 Venue: ITC Grand Chola, Chennai





## You are invited!

Conference secretariat:

### Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri nagar, Adyar, Chennai - 600 020. Phone: 044 - 24900050/51/52 | Mobile : +91 98411 42606 Email: trendo2019@gmail.com | Website: www.estn.co.in