



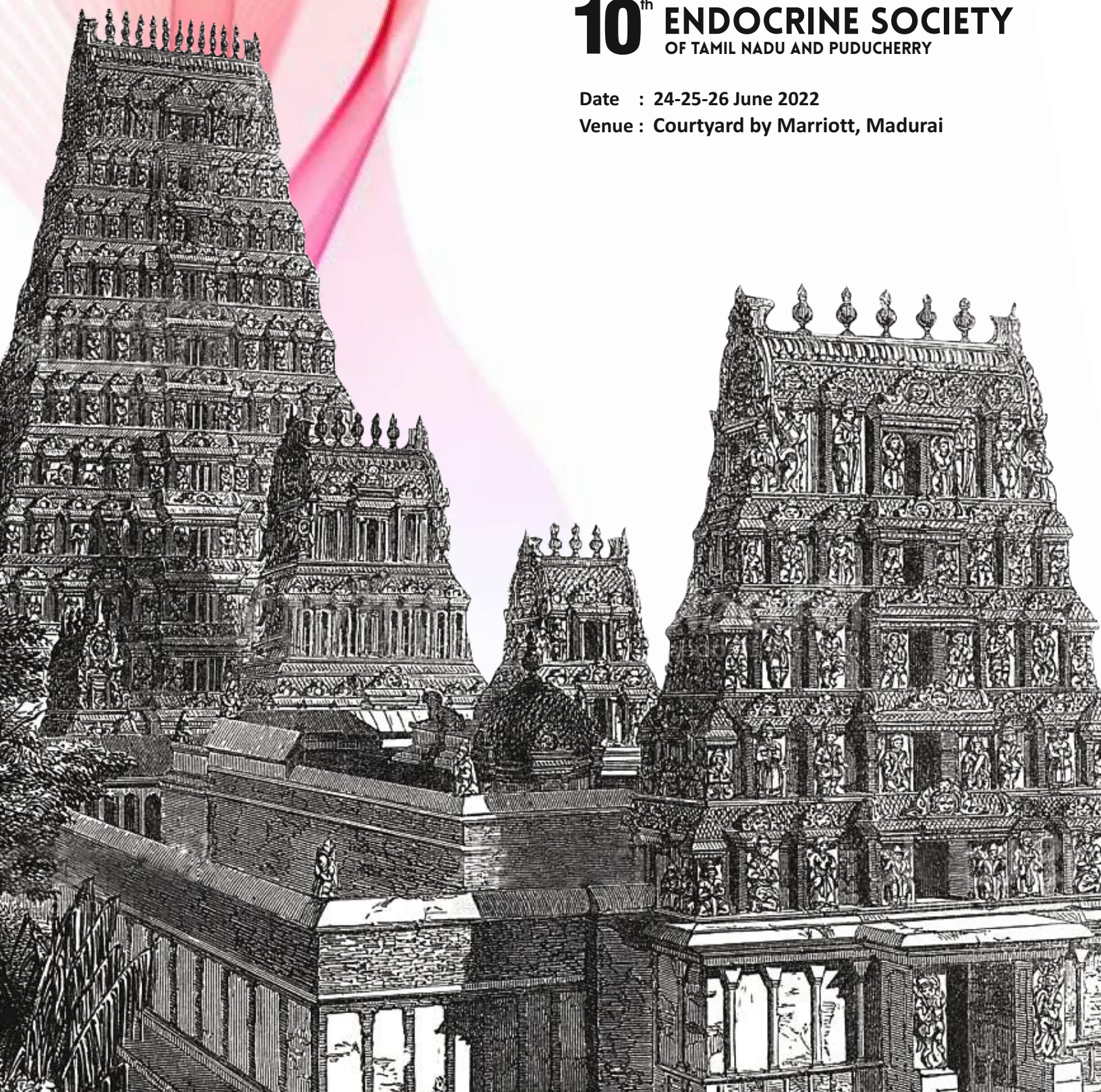
TRENDO 2022

Emerging Trends in Endocrinology & Diabetes

ANNUAL CONFERENCE OF
10th ENDOCRINE SOCIETY
OF TAMIL NADU AND PUDUCHERRY

Date : 24-25-26 June 2022

Venue : Courtyard by Marriott, Madurai



Dear friends & colleagues,

It gives us, great pleasure to welcome and invite your participation in **TRENDO 2022**, the 10th Annual Conference of the Endocrine Society of Tamilnadu and Puducherry to be held on **24, 25 & 26th June 2022** in Madurai, India.

TRENDO has established itself as a renowned and premier Endocrine and Diabetes meeting and is extremely popular among endocrinologists, diabetologists, physicians, pediatricians, obstetricians and gynaecologists for its stellar scientific content with a practical and clinical application – based content. **TRENDO 2022** is being planned as a physical event at **Courtyard by Marriott, Madurai** to reach out to all interested medical and allied fraternity participants.

The organizing team has meticulously planned scientific sessions covering all relevant domains of diabetes and endocrinology. Distinguished National & International faculties have been invited to deliver the best science in clinical practice. With an interactive format and diverse topics covered, the conference presents an ideal learning opportunity for all doctors and postgraduates.

A meeting of this magnitude is not possible without the logistic and financial support of our friends in the industry. We request you to join us in **TRENDO 2022** and sincerely hope we can count on your support.

Best wishes and Regards
Dr R.M. Manikandan
Organizing Secretary

Conference Secretariat
Organizing Chairperson
Dr V.Kumaravel
9940582328

Organizing Secretary
Dr R.M.Manikandan
9443021482

For Registrations
Alpha Hospital & Research Centre
Institute of Diabetes and Endocrinology
2B/2C, Gatelock Road, Mela Anupannady, Madurai
Email: trendo2022@gmail.com
Mobile: 9600008562
Website: www.estn.co.in

ORGANISING TEAM *TREND0 2022*

Patrons

Dr S Murthy, Chennai
Dr S Sridhar, Chennai

Dr PG Sundararaman, Chennai
Dr Krishna G Seshadri, Chennai

Organising Chairperson

Dr V Kumaravel, Madurai

Organising Co-Chairpersons

Dr S Sridhar, Madurai
Dr Vijay Bhaskar Reddy, Puducherry

Scientific Chair

Dr Muthukumaran Jayapaul, Chennai

Scientific Co-Chair

Dr Anand Kumar Annamalai, Madurai
Dr Shriram Mahadevan, Chennai

Organising Secretary

Dr Manikandan, Madurai

Organising Co-secretary

Dr Warun Kumar, Madurai

Finance secretary

Dr Arun Kannan, Madurai

Finance Co-Secretary

Dr Aruna Chelliah, Madurai

Scientific Committee

Dr Adlyne Asirvatham, Chennai
Dr Arul Prakash, Tuticorin
Dr Arun Vishwanath, Tirunelveli
Dr Dhalapathy Sadacharan, Chennai
Dr JP Sahoo, Puducherry
Dr Kumar Thulasidass, Chennai
Dr Nihal Thomas, Vellore
Dr Prem Kumar, Salem
Dr Rajesh Rajendran, Chennai
Dr Ravikiran, Chennai
Dr Srinivasan, Coimbatore
Dr Sruti Chandrasekaran, Chennai
Dr Suresh Prabhu, Coimbatore
Dr Thomas Paul, Vellore
Dr Usha Ayyagari, Chennai
Dr Vignesh, Trichy
Dr Velmurugan Mannar, Puducherry

Organising Committee

Dr Bharath, Chennai
Dr Dukhbandu Naik, Puducherry
Dr Jayashree Gopal, Chennai
Dr Karthik Balachandar, Chennai
Dr Nitin Kapoor, Vellore
Dr Nivethitha, Madurai
Dr NK Narayanan, Chennai
Dr Sadish Kumar, Puducherry
Dr Sakthivel, Trichy
Dr Sangumani, Madurai
Dr Sathian, Salem
Dr Shanmugasundar, Chennai
Dr Sivan Arulselvan, Tirunelveli
Dr Suresh Damodharan, Coimbatore
Dr Usha Sriram, Chennai
Dr Velayudham, Coimbatore

PROGRAMME SCHEDULE

24-06-2022, Friday

HALL A

Time	Topics	Speakers
03.00 PM - 05.00 PM Next Generation Endocrinology		
Chair Person: Dr. Murthy S / Dr. Anand Kumar Annamalai		
03.00 PM - 03.25 PM	Secondary Hypertension for Clinicians	Dr. Mark Gurnell, UK
03.25 PM - 03.50 PM	Masterclass: Clinician approach to Endocrine Genetics	Dr. Roderick Clifton-Bligh, Australia
03.50 PM - 04.00 PM	Discussion	
04.00 PM - 04.25 PM	Clinical Approach: Adrenal incidentaloma	Dr. Mark Gurnell, UK
04.25 PM - 04.50 PM	Clinical Approach: Role of FGF-23 and phosphate regulation	Dr. Roderick Clifton-Bligh, Australia
04.50 PM - 05.00 PM	Discussion	
05.00 PM - 05.20 PM Tea Break		
05.20 PM - 06.10 PM Insulin Clinic - Initiation		
Chair Person: Dr. Krishna Moorthy / Dr. Mehar Prasad		
05.20 PM - 05.40 PM	Insulin initiation: Convincing the patient	Dr. S. Sridhar, Madurai
05.40 PM - 06.00 PM	Effective basal insulin: Practical guideline	Dr. Joe George, Calicut
06.00 PM - 06.10 PM	Discussion	
06.10 PM - 07.00 PM Insulin Clinic - Intensification		
Chair Person: Dr. Aruna Chelliah / Dr. Mahesh Babu		
06.10 PM - 06.30 PM	Bolus insulin optimization: How?	Dr. Shriraam Mahadevan, Chennai
06.30 PM - 06.50 PM	Premixed insulin dosing in actual practice	Dr. Sivakumar, Kumbakonam
06.50 PM - 07.00 PM	Discussion	
07.00 PM - 08.00 PM Industry Symposium – Novartis		
08.00 PM Dinner		

25-06-2022, Saturday

HALL A

Time	Topics	Speakers
09.00AM - 09.45 AM Setting the stage : Whats new since last TRENDO?		
Chair Person: Dr. Shanmuga Sundar / Dr. David Pradeepkumar		
09.00 AM - 09.10 AM	Combination therapy for hypothyroidism	Dr. Nivethitha Karthika, Madurai
09.10 AM - 09.20 AM	Dyslipidemia in diabetes - Emerging trends	Dr. Arun Vishwanath S, Tirunelveli
09.20 AM - 09.30 AM	GIP & GLP1 receptor Agonist in type 2 Diabetes	Dr. Felix Jebasingh K, Vellore
09.30 AM - 09.45 AM	Discussion	
09.45AM - 10.45 AM Plenary 1		
Chair Person: Dr. Sridhar Subbiah / Dr. Peer Mohammed		
09.45 AM - 10.10 AM	Primary hyperparathyroidism - A single centre experience	Dr. Sanjay B hadada, Chandigarh
10.10 AM - 10.35 AM	Future of Diabetes Care	Dr. Krishna G. Seshadri, Chennai
10.35 AM - 10.45 AM	Discussion	
10.45 AM – 11.00 AM Tea Break		
11.00 AM - 12.10 PM Orations		
11.00AM – 11.35 AM	Prof K Kannan/ Rastogi Oration	Dr. Usha Sriram, Chennai
11.35 AM – 12.10 PM	Presidential Oration	Dr. Thomas V Paul, Vellore
12.10 PM – 12.50 PM Panel Discussion 1		
Moderator: Dr. Krishna G Seshadhri		
	Low cost therapies in Diabetes - What should we advise our patients?	Dr. Muthukumaran Jayapaul, Chennai Dr. S. Sridhar, Chennai Dr. Arul Prakash, Tuticorin Dr. Palanikumaran, Madurai
12.50 PM - 1.30 PM Debate 1		
Judges : Dr. Murthy S & Dr. Sundararaman P G		
	Should SGLT2 inhibitors be initiated by Diabetes specialist only? Yes vs No	Dr. Adlyne Reena Asirvatham, Chennai Dr. Sasinthar (Cardiologist), Madurai
1.30 PM - 02.15 PM LUNCH		

25-06-2022, Saturday

HALL A

Time	Topics	Speakers
02.15 PM - 03.30 PM Symposia - 1		
Chair Person: Dr. Arun K / Dr. Senthamarai		
02.15 PM - 02.35 PM	Intermittent Fasting - Hype or Hope	Dr. Ravi Sankar, Hyderabad
02.35 PM - 02.55 PM	C-peptide assessment in Diabetes – Where do we stand?	Dr. NK Narayanan, Chennai
02.55 PM - 03.15 PM	Pitfalls in HbA1c assessment	Dr. Karthik Balachandran, Chennai
03.15 PM - 03.30 PM	Discussion	
03.30 PM - 04.20 PM Symposia - 2		
Chair Person: Dr. Thanappan / Dr. Virgin Joena		
03.30 PM - 03.50 PM	HRT in post menopausal women	Dr. P. Velayutham, Coimbatore
03.50 PM - 04.10 PM	Teriparatide, Zolendronic acid & Denosumab in Osteoporosis-When, where & How long?	Dr. R. Suresh Prabhu, Coimbatore
04.10 PM - 04.20 PM	Discussion	
04.20 PM - 04.35 PM Tea Break		
04.35 PM - 05.50 PM Symposia - 3		
Chair Person: Dr. Moses K Daniel / Dr. Gopinath		
04.35 PM - 04.55 PM	Pancreatic diabetes - what's new	Dr. Bharath Ramji, Chennai
04.55 PM - 05.15 PM	Stress reduction and value of low glycemic diet in South Indian population.	Dr. Harish Kumar, Kochi
05.15 PM - 05.35 PM	Elderly and diabetes – Challenges?	Dr. Sangumani J, Madurai
05.35 PM - 05.50 PM	Discussion	
05.50 PM - 06.50 PM Industry Symposium - Novo Nordisk		
07.00 PM Inauguration and Dinner		

25-06-2022, Saturday

HALL B

Time	Topics	Speakers
12.10 Noon - 12.50 PM Clinical Case Seminar 1		
Moderator : Dr. Rajesh Rajendran		
	Titration of Thyroxine : Common mistakes in clinical practice	Dr. Jayashree Gopal, Chennai Dr. V.Kumaravel, Madurai Dr. Velmurugan Mannar, Puducherry Dr. Asha H S, Vellore
12.50 PM - 01.30 PM Panel Discussion - 2		
Moderator : Dr. Usha Ayyagari		
	Management of thyroid nodule	Dr. Prem Kumar, Salem Dr. Dhalapathy Sadacharan, Chennai Dr. R.M. Manikandan, Madurai Dr. Kamal Ratnam, Madurai
01.30 PM - 02.15 PM LUNCH		
02.15 PM - 03.05 PM Symposia - 4		
Chairperson: Dr. Geethalakshmi / Dr. Backiya lakshmi		
02.15 PM - 02.35 PM	Sulfonylurea in the current era of diabetes management	Dr. Srinivasan, Coimbatore
02.35 PM - 02.55 PM	Role of CGMS - Advantages & Pitfalls in clinical care	Dr. Shanmugasundar, Chennai
02.55 PM - 03.05 PM	Discussion	
03.05 PM - 04.20 PM Symposia - 5		
Chairperson: Dr. Vivekanandan / Dr. Aruna Chellaiah		
03.05 PM - 03.25PM	Hyponatremia - Common mistakes during management	Dr. Vijay Baskar Reddy, Puducherry
03.25 PM - 03.45 PM	Hypokalemia - Evaluation	Dr. Sivan Arul Selvan, Tirunelveli
03.45 PM - 04.05 PM	Approach to a case of Tetany – How should we manage?	Dr. KVS Hari Kumar, Hyderabad
04.05 PM - 04.20 PM	Discussion	
04.20 PM - 04.35 PM Tea Break		
04.35 PM - 05.50 PM Symposia - 6		
Chairperson: Dr. Sridhar S / Dr. Syed Sulthan		
04.35 PM - 04.55 PM	Management of Inpatient Hyperglycaemia - How far should you go?	Dr. Ramkumar, Chennai
04.55 PM - 05.15 PM	Steroids - A Saviour, Satan or a Serpent?	Dr. Sadish Kumar, Puducherry
05.15 PM - 05.35 PM	Autoimmunity - Is there a surge of thyroid disease post COVID?	Dr. Dukhabandhu Naik, Puducherry
05.35 PM - 05.50 PM	Discussion	
05.50 PM - 06.50 PM Industry Symposium - Eris		

26-06-2022, Sunday

HALL A

Time	Topics	Speakers
9.00 AM - 09.45 AM Clinical Case Seminar 2		
Moderator: Dr. Sruti Chandrasekaran		
	Gestational Diabetes Mellitus - Challenges	Dr. Vijay Baskar Reddy, Puducherry Dr. Kumar Thulasidass, Chennai Dr. Sathian, Salem Dr. Palaniappen, Dindugul
09.45 AM - 10.45 AM Plenary - 2		
Chairperson : Dr. Bharath Ramji / Dr. Subbiah E		
09.45 AM - 10.10 AM	Evidence based antibiotics for diabetic foot management	Dr. Vijay Vishwanathan, Chennai
10.10 AM - 10.35 AM	An Atypical form of diabetes with low BMI	Dr. Nihal Thomas, Vellore
10.35 AM - 10.45 AM	Discussion	
10.45 AM - 11.00 AM Tea Break		
11.00 AM - 12.00 PM Plenary - 3		
Chairperson : Dr. Kumaravel V / Dr. Alagu Venkatesan V N		
11.00 AM - 11.25 AM	Metformin in prediabetes: The future is now	Dr. A.K.Das, Puducherry
11.25 AM - 11.50 AM	Changing pattern of diabetes in children	Dr. Prasanna Kumar, Bangalore
11.50 AM - 12.00 PM	Discussion	
12.00 PM - 01.00 PM Symposia - 7		
Chairperson: Dr. Manikandan R M / Dr. Muralidharan		
12.00 PM - 12.25 PM	GLP - 1 Analogues - Evidence and relevance to clinical practice	Dr. M. Shunmugavelu, Trichy
12.25 PM - 12.50 PM	Role of DPP4-i - When to select & what to expect?	Dr. Warun Kumar M R, Madurai
12.50 PM - 01.00 PM	Discussion	
01.00 PM - 01.40 PM Debate - 2		
Judges: Dr. Thomas V Paul & Dr. Velayutham P		
	Diabetes Reversal: Surgery Vs Aggressive medical management	Dr. Suresh Damodharan, Coimbatore Dr. Praveen, Coimbatore
01.40 PM - 02.25 PM LUNCH		
02.25 PM - 03.40 PM Symposia - 8		
Chairperson: Dr. Vadivel Murugan / Dr. Arun K		
02.25 PM - 02.45 PM	How to identify Heart failure in a Diabetic Clinic and What to do?	Dr. Abraham Oomman, Chennai
02.45 PM - 03.05 PM	When to suspect Cushings? - Approach for a physician	Dr. Sri Nagesh, Hyderabad
03.05 PM - 03.15 PM	Discussion	
03.15 PM - 04.30 PM Symposia - 9		
Chairperson : Dr. Balajinathan / Dr. O R Kumaran		
03.15 PM - 03.35 PM	Does COVID - 19 increase the risk for diabetes?	Dr. Natarajan, Madurai
03.35 PM - 03.55 PM	NASH in diabetes - Recent evidences	Dr. Arthur Asirvatham, Madurai
03.55 PM - 04.15 PM	Common pitfalls in diabetes management	Dr. Krishnan Swaminathan, Coimbatore
04.15 PM - 04.30 PM	Discussion	
04.30 PM Valedictory and Close		

26-06-2022, Sunday

HALL B

Time	Topics	Speakers
09.00 AM - 09.45 AM Clinical Case Seminar 3		
Moderator : Dr. Felix Jebasingh K		
	Hyper prolactenimia - Case based discussion	Dr. Anand Kumar, Madurai Dr. P. G. Sundararaman, Chennai Dr. Sakthivel, Trichy Dr. Senthil Raja, Salem
09.45 AM - 10.35 AM Symposia - 10		
Chairperson : Dr. Jothy / Dr. Kalpana		
09.45 AM - 10.05 AM	Drug therapies in PCOS - What are the evidences?	Dr. Jayashree Gopal, Chennai
10.05 AM - 10.25 AM	Male infertility - Role of an endocrinologist	Dr. Anjali Sathya, Chennai
10.25 AM - 10.35 AM	Discussion	
10.35 AM - 11.25 AM Symposia - 11		
Chairperson: Dr. Senthiru Ramachandran / Dr. Sumathy		
10.35 AM - 10.55 AM	Hypothyroidism in pregnancy - An update	Dr. Muthukumaran Jayapaul, Chennai
10.55 AM - 11.15 AM	Anti TPO antibodies positive in euthyroid women - Management issues	Dr. Shriraam Mahadevan, Chennai
11.15 AM - 11.25 AM	Discussion	
11.25 AM - 11.35 AM Tea Break		
11.35 AM - 12.25 PM Symposia - 12		
Chairperson: Dr. Revathi Janaki Raman / Dr. Padma S		
11.35 AM - 11.55 AM	Difficult hirsutism - Sinister causes	Dr. Chithra Selvan, Bangalore
11.55 AM - 12.15 PM	Endocrinology of gender	Dr. Sruti Chandrasekaran, Chennai
12.15 PM - 12.25 PM	Discussion	
12.25 PM - 01.40 PM Symposia - 13		
Chairperson : Dr. Dharmaraj / Dr. Ramanathan		
12.25 PM - 12.45 PM	Pitfalls in hormone measurement	Dr. Vignesh, Trichy
12.45 PM - 01.05 PM	Adult growth hormone deficiency	Dr. Usha Ayyagari, Chennai
01.05 PM - 01.25 PM	The place of anti-obesity medications in clinical practice	Dr. Nitin Kapoor, Vellore
01.25 PM - 01.40 PM	Discussion	
01.40 PM - 02.25 PM LUNCH		
02.25 PM - 03.25 PM Symposia - 14		
Chair Person: Dr. Anand Kumar/ Dr. N K Narayanan		
02.25 PM - 03.25 PM	Discordant thyroid function tests	Dr. Krishna Chatterjee, Cambridge

Oral & Poster presentation

25-06-2022, Saturday

HALL C

Preliminary Oral Presentation	
Time	
09.45 AM - 11.00 AM	Oral Presentations 1
12.15 PM - 01.30 PM	Oral Presentations 2
02.15 PM - 03.30 PM	Oral Presentations 3
03.30 PM - 04.45 PM	Oral Presentations 4
04.45 PM - 06.00 PM	Oral Presentations 5
02.00 PM - 05.00 PM	Poster Presentations

HALL B

Final Oral Presentation	
Time	
07.15 PM - 08.45 PM	Shortlisted Oral Presentation

For Registration : www.estn.co.in

Category	Upto 31st May 2022	After 1st June 2022
Delegate	☐ ₹ 4000	☐ ₹ 5000
Spouse / Assoc Delegate / ESTN Member	☐ ₹ 3000	☐ ₹ 4000
Post Graduate	☐ ₹ 2500	☐ ₹ 3000
No Spot Registration		

N.B.:

1. Post Graduate should furnish a proof of his/her status from the head of department /Institution.
2. Payments may be made in Cash/DD/Cheque payable at Chennai in favour of " The Endocrine Society"
3. Spot Registration not available.



REGISTRATION FORM

Receipt No.

PERSONAL DETAILS

(Please fill in CAPITAL LETTERS only)

Full Name :

Medical Council No. Gender : ☐ Male ☐ Female

Phone : Email:

Institution/ Company:

Address :

City: Pin Code :

Category	Upto 31st May 2022	After 1st June 2022
Delegate	☐ ₹ 4000	☐ ₹ 5000
Spouse / Assoc Delegate / ESI Member	☐ ₹ 3000	☐ ₹ 4000
Post Graduate	☐ ₹ 2500	☐ ₹ 3000
No Spot Registration		

PAYMENT DETAILS

UPI/Cash/DD/Cheque No: Date: Amount Rs.:

Bank & Branch Name :

N.B.:

1. Post Graduate should furnish a proof of his/her status from the head of department /Institution.
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3. Spot Registration not available.

Signature & Stamp

Conference Secretariat

Organizing Chairperson
Dr V.Kumaravel
9940582328

Organizing Secretary
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For Registrations

Alpha Hospital & Research Centre
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