









## ENDOCRINOLOGY

## MULTI DISCIPLINARY

# PHYSICIANS

Awarded 4 Credit Hours by Tamil Nadu Medical Council

11<sup>th</sup> Annual Conference of Endocrine Society of Tamil Nadu and Puducherry

> 30<sup>th</sup> June, 1<sup>st</sup> & 2<sup>nd</sup> July 2023 Venue: ITC Grand Chola, Chennai

For Registration www.estn.co.in/Trendo2023/registration.php



For more details visit www.estn.co.in







Dear friends & colleagues,

It gives us great pleasure to welcome and invite your participation in **TRENDO 2023**, the 11th Annual Conference of the Endocrine Society of Tamilnadu and Puducherry to be held on 30th June, 1st & 2nd July 2023 in Chennai, India.

TRENDO has established itself as a renowned and premier Endocrine and Diabetes meeting and is extremely popular among endocrinologists, diabetologists, physicians, pediatricians, obstetricians and gynaecologists for its stellar scientific content with a practical and clinical application – based content. *TRENDO 2023* is being planned as a Virtual International Speakers Symposium on 30<sup>th</sup> June 2023 and as a physical event at ITC Grand Chola, Chennai on 1<sup>st</sup> & 2<sup>nd</sup> July 2023 to reach out to all interested medical and allied fraternity participants.

The organizing team has meticulously planned scientific sessions covering all relevant domains of diabetes and endocrinology. Distinguished National & International faculties have been invited to deliver the best science in clinical practice. With an interactive format and diverse topics covered, the conference presents an ideal learning opportunity for all doctors and postgraduates.

We request you to join us in **TRENDO 2023** and sincerely hope we can count on your support.

**Best wishes and Regards Dr Jayashree Gopal** Organizing Chairperson

**Dr. Usha Ayyagari** Organizing Secretary **Dr Krishna G Seshadri** Scientific Chairperson

**Dr Shriraam Mahadevan** Abstracts & Posters Chairperson

#### **For Registrations**

Smriti Speciality Klinics 3rd Floor, Taj Plaza, No.5, 2nd Avenue, Besant Nagar, Chennai 600090 Phone: 7845845798 / (044) 47795350 Website: www.estn.co.in

#### TRENDO 2023 Secretariat

Smriti Speciality Klinics, Taj Plaza, No. 5, 2nd Avenue, Besant Nagar, Chennai 600090 Phone: 7845845798 / (044) 47795350





## **ORGANISING TEAM**

#### **Conference Patrons**

Dr. S Murthy, Chennai Dr. PG Sundararaman, Chennai Dr. S Sridhar, Chennai

Dr. Krishna G Seshadri, Chennai

**Scientific Chairperson** Dr. Krishna G Seshadri, Chennai

**Abstracts & Posters Chairperson** 

Dr. Shriraam Mahadevan, Chennai

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**Abstract Committee** Dr. Manikandan, Madurai Dr. Warun Kumar, Madurai Dr. Arul Prakash, Tuticorin Dr. Kumar Thulasidass, Chennai Dr. Geethalakshmi, Chennai

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#### **TRENDO 2023** Secretariat

Smriti Speciality Klinics, Taj Plaza, No. 5, 2nd Avenue, Besant Nagar, Chennai 600090 Phone: 7845845798 / (044) 47795350

**Organising Chairperson** Dr. Jayashree Gopal, Chennai

**Organising Secretary** Dr. Usha Ayyagari, Chennai

**Organising Committee** 

Dr. MuthukumaranJayapaul, Chennai Dr. Bharath Ramji, Chennai Dr. Usha Sriram, Chennai Dr. NK Narayanan, Chennai Dr. G. Shanmugasundar, Chennai Dr. Sruthi Chandrasekaran, Chennai Dr. Karthik Balachandran, Chennai Dr. Ravikiran Muthusamy, Chennai Dr. Suresh Prabu, Coimbatore Dr. P. Velayutham, Coimbatore Dr. Jayaprakash Sahoo, Puducherry Dr. Prem Kumar, Salem Dr. Sathian Raghavan, Salem Dr. Aruna Chelliah, Madurai Dr. Nivethitha Karthika, Madurai





Day 1 (30th June, 2023)

## **Virtual International Speakers symposium**

We are honoured to have eminent speakers of international repute share their knowledge and experience with us. Please join us for this academic feast.

Moderators: Dr. S. Murthy Dr. Javashree Gonal

Moderators. Dr. 5. Multiny Dr. Jayashree Gopar			
From	То	Торіс	Speaker
14:00	14:45	Type 2 diabetes: Homogenous aetiology in heterogenous individuals	Dr. Roy Taylor Professor of Medicine and Metabolism, University of Newcastle, Director of Magnetic Resonance Centre, Honorary Consultant Physician, Newcastle upon Tyne Hospitals NHS Foundation Trust
14:45	15:30	EndoBarrier: The Worldwide Experience	Dr. Bob Ryder Consultant, City Hospital, Birmingham; Co-optedebsite Co-ordinator & Clinical Lead, Nationwide Audits of New Diabetes Therapies, Association of British Clinical Diabetologists
15:30	16:15	The promise and limitation of technology in preventing hypoglycaemia as a side effect of treatment	Dr. Simon Heller Professor of Clinical Diabetes; National Speciality Lead for Diabetes - NIHR Clinical Research Network
16:15	17:00	Phaeochromocytoma syndromes	Dr. Roderick Clifton-Bligh Head of the Department of Endocrinology, Royal North Shore Hospital; Associate Professor Medicine, Northern Clinical School Kolling Institute of Medical Research
17:00	17:45	Metabolic associated Fatty Liver disease	Dr. Joseph M Pappachan Consultant in Endocrinology and Honorary Professor. Research Lead, Lancashire Teaching Hospitals NHS Trust
17:45	18:30	Interrogating the exocrine pancreas for clues to endocrine dysfunction	Dr. Rohit Kulkarni Professor of Medicine, Harvard Medical School, Margaret A. Congleton Chair and Co-Head of the Section on Islet & Regenerative Biology Joslin Diabetes Center

#### https://live.imagicahealth.com/trendo2023

Click here for registration

**Registration free, but mandatory** 

Delegates attending only Virtual symposium are not eligible for TNMC credit hours.

#### **Best wishes and Regards**

Dr. Usha Ayyagari Organizing Secretary Dr. Jayashree Gopal Organizing Chairperson Dr. Krishna Seshadri Scientific Chairperson

**TRENDO 2023 Secretariat** Smriti Speciality Klinics, Beasant Nagar, Chennai 600090 Phone:7845845798/75986 78215





#### HALL A - Day 2 (1st July, 2023)

From     To     Topic     Moderator / Speaker       9:00     9:45     Workshop 1: Glucose monitoring: From CBG to CGM     Dr. N. Narayanan, Dr. Vallys Risper, J. Bangarona: Dr. Con Lakhana       9:45     10:30     Clinical case seminar. Plutlary Cushing syndrome     Dr. Adjyse Rease Askivesham, Dr. Salpatshi, Bhatacharya, Dr. Salpat	HALL A - Day 2 (ISt July, 2023)			
Prime     Dr. Vittys Ragedar, Dr. Con Lakhani       9:45     10:50     Clinical case seminar: Pitulary Cushing syndrome     Dr. Adyre Ream, Asiwasham, Dr. Sadashuman, Dr. S. Murty, Saveetha Medical Hagalal       10:40     10:48     Low uptake thyrotoxicosis     Dr. Ashay Sahoo       11:40     11:40     Saveetha Medical Hagalal       11:40     Itasason     Dr. Dukhabandhu Nak       11:41     Discussion     Introduction by: Dr. Kumarwel V, Dr. Vilys Plaasasking, Construction S. S. Murty, Dr. Vilys Plaasasking, Dr. Kumarwel V, Dr. Vilys Plaasasking, Construction S. S. Murty, Dr. Vilys Plaasasking, Construction S. S. Murty, Construction S. S. Murty, Dr. Vilys Plaasasking, Construction S. S. Murty, Construction S. S. Murty, Dr. Vilys Plaasasking, Construction S. S. Murty, Dr. Vilys Plaasasking, Construction S. S. Murty, Dr. Vilys Plaasasking, Dr. K. Mohan       11:55     12:20     Dr. Kannan Rastogi Oration: Early gestational disbetes:     Dr. V. Mohan       11:44     11:40     Themate Symposium 4: Beyond Type 2 Diabetes     Dr. Murty, Murty, S. Murty, S. Murty, Murty, S. Murty, Murty, S. Murty, Murty, S. Murty, Murty, S. Murty, Murty, S. Murt	From	То	Торіс	Moderator / Speaker
Dr. Saliahkumar Kamalanahan     Dr. Saliahkumar Kamalanahan       10:30     11:40     Thematic Symposium 1: Thyrotoxicosis     Chargerson: Dr. S. Murthy, Dr. S. Mageh Kumar       10:31     10:48     Low uptake thyrotoxicosis: An overview     Dr. Akhay Sahoo       10:48     11:05     Long term madical management of Graves Disease     Dr. Campabil Bantwal       11:06     Linze Subclinical thyrotoxicosis     Dr. Dukhaban Mak       11:24     Subclinical thyrotoxicosis     Dr. Dukhaban       11:25     I:230     Orations and Keynole     Introduction by: Dr Kumaravel V, Dr. Yuge Makar, Ravy, Dr. Yuge Makar, Saloo Dr. Yuge Makar, Ravy, Dr. Yuge Makar, Saloo Dr. Yuge Makar, Ravy, Dr. Yuge Makar, Ravy, Dr. Yuge Makar, Ra	9:00	9:45	Workshop 1: Glucose monitoring: From CBG to CGM	Dr. Vidhya Rajeev Jahagirdar,
Image: Number of the second	9:45	10:30	Clinical case seminar: Pituitary Cushing syndrome	Dr. Saptarshi Bhattacharya,
10:48     11:06     Long term medical management of Graves Disease     Dr. Ganpath Bantwal       11:60     11:24     Subclinical thyrotoxicosis     Dr. Duktbaandhu Naik       11:40     11:55     Break     Dr. Duktbaandhu Naik       11:55     12:30     Orations and Keynote     Introduction by: Dr KumaravIV, Dr Vigyashree Gopal, Dr. Kannan Rastogi Oration: Early gestational diabetes: What are its implications?     Dr. V. Mohan       11:55     12:30     Dr. Kannan Rastogi Oration: Early gestational diabetes: What are its implications?     Dr. K. Muralidharan       12:30     13:00     Keynote Lecture: Is calinical medicine facing adunction?     Dr. R. Muralidharan       14:40     115:10     Themate Symposium 4: Beyond Type 2 Diabetes     Dr. R. Muralidharan       14:40     14:18     Clusters in clinical care - an approach     Dr. Muthukmaran Jayapaul       14:18     14:36     Young onset diabetes - Newer clinical insights on diagnosis and treatment     Dr. N. N. Anad, P. Ford of Medicine Balaji Medical College       15:10     11:52     Thematic Symposium 7: From Diabetes to Metabolic Medicine     Drapashrie Arbord Prof Medicine Balaji Medical College       15:10     11:52     Risk Scores in Clinical Care - A compendium for the clinician practicing metabolic medicine	10:30	11:40	Thematic Symposium 1: Thyrotoxicosis	Dr. S Magesh Kumar
11:06   11:24   Subclinical thyrotoxicosis   Dr. Dukhabandhu Naik     11:42   11:45   Break   Introduction by: Dr Kumaravel V.     11:55   11:55   12:30   Orations and Keynote   Introduction by: Dr Kumaravel V.     11:55   12:30   Orations and Keynote   Dr Viay Bhask Reddy, Dr Viay Bhask Reddy, Dr Viay Bhask Reddy, Dr Kinhan S Geshadri     11:55   12:30   Dr. Kannan Rastogi Oration: Early gestational diabetes:   Dr. V. Mohan     11:50   12:30   Sendorinobigity Seprepetive expression   Dr. R. Muralidharan     14:00   15:10   Thematic Symposium 4: Beyond Type 2 Diabetes   Chaipersons: Dr S Venkatraman, Dr J Damodoran     14:00   14:18   Clusters in clinical care - an approach   Dr. Muthukumaran Jayapaul   Dr. Nulari Thomas     14:30   14:54   Young onset diabetes in the Elderly: An approach   Dr. Sumik Goswarni   Dr Soumik Goswarni     15:10   Discussion   Discussion   Dr. Vangadakrishnan   Dr. Vangadakrishnan     15:28   Risk Scores in Clinical Care - Acompandium for the clinician practicing matching metabolic medicine   Dr. Arnu Viswanath     16:20   15:28   Risk Scores in Clinical Care - Acompandium for the clinician practicing maphoach   Dr. Arnu Viswanath </td <td>10:30</td> <td>10:48</td> <td>Low uptake thyrotoxicosis: An overview</td> <td>Dr. Abhay Sahoo</td>	10:30	10:48	Low uptake thyrotoxicosis: An overview	Dr. Abhay Sahoo
11:24   11:40   Discussion     11:55   11:55   Break   Introduction by: Dr Kumaravel V. Dr Vijag Bhaskar Reddy, Dr Kalland Standardan Dr Multukumaran Jayapaul     14:00   15:10   Thematic Symposium 4: Beyond Type 2 Diabetes   Chairpersons: Dr S Venkatraman, Dr J Damodaran     14:38   14:36   Young onset diabetes - Newer clinical insights on diagnosis and treatment   Dr. Multukumaran Jayapaul     14:39   14:54   15:10   Discussion   Dr Sournik Goswami     15:10   16:20   Thematic Symposium 7: From Diabetes to Metabolic Medicine   Chairpersons: Dr. A. Prem Kumar, Dr. A. Nanad, Prof of Medicine Balaji Medicine College     15:10   16:20   Discussion   Dr. Aun Viswanath     16:44   NAFLD: A marker of diabetes outcomes?   Dr. Aun Viswanath     16:40   16:50   Debate 1: Weight loss as a primary target of diabetes care   Dr. Pramila Kalra	10:48	11:06	Long term medical management of Graves Disease	Dr. Ganpathi Bantwal
11:40     11:55     Break     Introduction by: Dr Kumaravel V, Dr Vijay Bhaskar Raddy, Dr Vijay Bhaskar Raddy Dr Vijay Bhaskar Dr Vijay Bhaskar Bhaskar Dr Vijay Bhaskar Bhashar Dr Vijay Bhashar Dr Vijay Bhashar Bhashar Dr Vijay Bhashar Bhashar Dr Vijay Bhashar Bhashar Dr Vijay Bhashar Baddy Dr Vijay Bhashar Bhashar Dr Vijay Bhashar Baddy Dr Vijay Bhashar Baddy Dr Vijay Bhashar Baddy Dr Vijay Bhashar Baddy Dr Vijay Bhashar Raddy Dr Vijay Bhaskar Ra	11:06	11:24	Subclinical thyrotoxicosis	Dr. Dukhabandhu Naik
11:55 12:30 Orations and Keynote Initroduction by: Dr Kumaravel V, Dr Jayashree Gopal, Dr Jayashree Gopal, Dr Kishma S Sashadri   11:55 12:30 Dr Kaman Rastogi Oration: Early gestational diabetes: Dr V. Mohan   12:30 13:00 Keynote Lecture: & clinical medicine facing extinction?: An Endocrinologist's perspective Dr, R. Muralidharan   14:00 15:10 Thematic Symposium 4: Beyond Type 2 Diabetes Dr, R. Muralidharan   14:00 14:18 Clusters in clinical care - an approach Dr. Muthukumaran Jayapaul   14:18 14:36 Young onset diabetes - Newer clinical insights on diagnosis and treatment Dr. Nuhukumaran Jayapaul   14:18 14:34 Young onset diabetes - Newer clinical insights on diagnosis and treatment Dr. Sumik Goswani   15:10 Thematic Symposium 7: From Diabetes to Metabolic Medicine Chairpersons: Dr. A. Prem Kumar, Dr. N. N. Anartheout Amedicine   16:10 16:20 Thematic Symposium 7: From Diabetes to Metabolic Medicine Dr. Vengadakrishnan   16:24 15:46 PCOS as a metabolic medicine Dr. Aun Viswanath   16:25 15:28 Risk Scores in Clinical Care - A compendium for the clinician practicing Dr. Aun Viswanath   16:40 16:20 Discussion Dr. Aun Viswanath   16:40 16:20 Discussion Dr. Aun Viswanath   16:40	11:24	11:40	Discussion	
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12:30What are its implications?Dr. R. Muralidharan12:3013:00Keynole Lecture; is clinical medicine facing extinction?: An Endocrinologiat's perspectiveDr. R. Muralidharan14:0015:10Thematic Symposium 4: Beyond Type 2 DiabetesChairpersons: Dr S Venkatraman, Dr J Damodaran14:0014:18Clusters in clinical care - an approachDr. Muthukumaran Jayapaul14:1814:34Young onset diabetes - Newer clinical insights on diagnosis and treatmentDr. Muthukumaran Jayapaul14:3514:54New onset diabetes in the Elderly: An approachDr. Soumik Coswami14:3615:10DiscussionChairpersons: Dr. A. Prem Kumar, Dr. N. N. Anad, Prof of Medicine Balaji Medical College15:1015:28Risk Scores in Clinical Care - A compendium for the clinician practicing metabolic medicineDr. Vengadakrishnan15:2415:46PCOS as a metabolic diseaseDr. Pramila Katra16:4016:20DiscussionDr. Anun Viswanath16:4016:50DiscussionDr. Suresh Damodharan16:4016:50DiscussionDr. Suresh Damodharan16:4016:50DiscussionDr. Suresh Damodharan16:4016:50DiscussionDiscussion17:0017:30Novo Nordisk: GLP-1 : "An upstream approach to address the weight of management with new generation insulinsChairperson: Dr. Palaniappen Speaker: Dr. Alsmangasundar18:00Novo Nordisk: Evidence to practice: clinical perspectives of diabetesChairperson: Dr. Relaniappen Speaker: Dr. R. Harnatharan Speaker	11:55	12:30	Orations and Keynote	Dr Vijay Bhaskar Reddy, Dr Jayashree Gopal,
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16:0416:20DiscussionDiscussion16:2016:50Debate 1: Weight loss as a primary target of diabetes careDr.Aneesh Ghosh, Dr. Beena Bansal . Balanced view: Dr. Suresh Damodharan16:4016:50Discussion16:5017:00Break17:0019:30Industry spotlight:17:0017:30Novo Nordisk: GLP-1 : "An upstream approach to address the weight of diabetes with oral semaglutide"Chairperson: Dr. Palaniappen Speaker: Dr.G.Shanmugasundar17:3018:00Novo Nordisk: Evidence to practice: clinical perspectives of diabetes management with new generation insulinsChairperson: Dr. Palaniappen Speaker: Dr. Adlyne Reena Asirvatham18:0018:20Micro Labs: Role of Glitazones & Gliptins in restoring beta cell FunctionChairperson: Prof. R.S Hariharan Speaker: Dr. S R. Ramakrishnan18:4019:00Micro Labs: Vilda-Dapa; A New Era in Diabetes ManagementChairperson: Dr. S.Murthy Speaker: Dr. S.Murthy Speaker: Dr. S.Murthy Speaker: Dr. Jayashree Gopal, Dr Vijay Bhaskar Reddy, Dr Visha Ayagari, Dr Visha Maskar Reddy, Dr Krishna G Seshadri	15:28	15:46	PCOS as a metabolic disease	Dr.Pramila Kalra
16:2016:50Debate 1: Weight loss as a primary target of diabetes careDr. Aneesh Ghosh, Dr. Beena Bansal . Balanced view: Dr. Suresh Damodharan16:4016:50Discussion	15:46	16:04	NAFLD: A marker of diabetes outcomes?	Dr. Arun Viswanath
Balanced view: Dr. Suresh Damodharan16:4016:50Discussion16:5017:00Break17:0019:30Industry spotlight:17:0017:30Novo Nordisk: GLP-1 : "An upstream approach to address the weight of diabetes with oral semaglutide"Chairperson: Dr. Palaniappen Speaker: Dr.G.Shanmugasundar17:3018:00Novo Nordisk: Evidence to practice: clinical perspectives of diabetes management with new generation insulinsChairperson: Dr. Palaniappen Speaker: Dr. Adlyne Reena Asirvatham18:0018:20Micro Labs: Role of Glitazones & Gliptins in restoring beta cell Function Speaker: DR. Al-PaneerselvamChairperson: Dr R. Madhavan Speaker: DR. New Era in Diabetes Management18:4019:00Micro Labs: Vilda-Dapa; A New Era in Diabetes ManagementChairperson: Dr.S.Murthy Speaker: Dr. R. Bharath19:3020:00InaugurationDr Kumaravel, Dr Jayashree Gopal, Dr Vijay Bhaskar Reddy, Dr Vijay Bhaskar Reddy, Dr Vijay Bhaskar Reddy, Dr Vijay Bhaskar Reddy, Dr Krishna G Seshadri	16:04	16:20	Discussion	
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19:30   20:00   Inauguration   Dr Kumaravel, Dr Jayashree Gopal, Dr Usha Ayyagari, Dr Usha Ayyagari, Dr Vijay Bhaskar Reddy, Dr Vijay Bhaskar Reddy, Dr Krishna G Seshadri	18:40	19:00	Micro Labs: Vilda-Dapa; A New Era in Diabetes Management	
Dr Usha Ayyagari, Dr Vijay Bhaskar Reddy, Dr Krishna G Seshadri	19:00	19:30	ТВА	
20:00 Dinner	19:30	20:00	Inauguration	Dr Usha Ayyagari, Dr Vijay Bhaskar Reddy,
	20:00		Dinner	





HALL B - Day 2 (1st July, 2023)			
From	То	Торіс	Moderator / Speaker
9:00	9:45	Workshop 2: Thyroid dysfunction - beyond TSH	Dr. Warun Kumar, Dr. Sambit Das, Dr. Pramila Kalra
9:45	10:30	Clinical Case Seminar 2: Medical management of the adolescent with obesity	Dr. Mohan Shenoy, Dr. Gagan Priya, Dr. Mythili Ayyagari
10:30	11:40	Thematic Symposium 2: Newer therapies for diabetes and obesity	Chairpersons: Dr TKV Sharavanan Tagore Medical College, Dr. Meher Prasad
10:30	10:48	Evidence based nutritional approaches to management of obesity	Dr. Prem Narayanan
10:48	11:06	Coming attractions in the medical management of obesity	Dr. Saptarshi Bhattacharya
11:06	11:24	What will be the future of metabolic surgery?	Dr. Praveen Raj, Coimbatore
11:24	11:40	Discussion	
11:40	11:50	Break	
11:50	13:15	Hall A	
14:00	15:10	Thematic Symposium 5: Autoimmune Endocrinopathies	Chairpersons: Dr. Padma, Balaji Medical College, Dr. Ravikannan
14:00	14:18	Autoimmune hypoglycemia	Dr. Arpandev Bhattacharya
14:18	14:36	Autoimmune polyglandular syndrome - state of the art	Dr. Beena Bansal
14:36	14:54	Lymphocytic hypophysitis at 2023	Dr. H. S. Asha
14:54	15:10	Discussion	
15:10	16:20	Thematic Symposium 8: Osteoporosis	Chairpersons: Dr. S. Sridhar, Chennai, Dr AB Govindraj, Orthopedician (Chennai)
15:10	15:28	DEXA and beyond - Diagnosing and measuring osteoporosis	Dr. Kripa Elizabeth Cherian
15:28	15:46	The male with a fragility fracture	Dr. Shriraam Mahadevan
15:46	16:04	Anabolic therapies in osteoporosis: State of the art	Dr. Thomas Paul
16:04	16:20	Discussion	
16:20	1640	Debate 2: Should doctors become social media influencers?	Dr. Prem Narayanan, Dr. Barath Ramji. Balanced view: Dr. Sathian Raghavan
16:40	16:50	Discussion	
16:50	17:00	Break	
17:00	19:30	Industry Spotlight:	
17:00	17:30	Cipla: 1. Multifactorial Approach to T2DM management :Role of once weekly Dulaglutide. 2. Glycaemic durability: An important consideration for T2DM	Speaker 1: Dr Krishna G Seshadri Speaker2: Dr Om Lakhani
17:30	18:00	Eris: Caramel Disease's	Chairperson: Dr S Murthy. Speaker: Dr Jayashree Gopal
18:00	18:30	Eris	
18:30	19:30	ТВА	
19:30	20:00	Hall A	





HALL C - Day 2 (1st July, 2023)			
From	То	Торіс	Moderator / Speaker
9:00	9:45	Workshop 3: Workshop on Diabetic foot and offloading with Quiz	Dr. Zulfiqarali Abbas, President, D-Foot international, Tanzania Prof. Nihal Thomas- CMC, Vellore Prof. Felix Jebasingh - CMC, Vellore Sis.Bharati Saravanan-CMC, Vellore
9:45	10:30	Clinical Case Seminar 3: Young adult with new onset diabetes	Dr. R.M. Manikandan, Dr. PG Sundararaman, Dr. Arul Prakash
10:30	11:40	Thematic Symposium 3: Calcium and mineral metabolism	Chairpersons: Dr. Ravi Kiran Muthuswamy, Dr Preetham Arthur, SRMC Porur
10:30	10:48	Hypophosphatemia in clinical care	Dr. S. Sridhar, Madurai
10:48	11:06	Asymptomatic hypoparathyroidism: An approach	Dr. Mohan Shenoy
11:06	11:24	Osteomalacia - Should we still think about it?	Dr. Suresh Prabhu
11:24	11:40	Discussion	
11:40	11:50	Break	
11:50	13:15	Hall A	
14:00	15:10	Thematic Symposium 6: Glucocorticoids in clinical care	Chairpersons: Dr. S. Chandrasekar, Stanley Medical College, Dr Sudha Vidyasagar
14:00	14:18	Glucocorticoid use and glucose metabolism: A synopsis	Dr. Vidhya Rajeev Jahagirdar
14:18	14:36	Glucocorticoid induced osteoporosis: Prevention and care	Dr. Mythili Ayyagari
14:36	14:54	The steroid taper: A primer for the clinician	Dr. Gagan Priya
14:54	15:10	Discussion	
15:10	16:20	Thematic Symposium 9: PET CTomas and other incidental endocrine lesions	Chairpersons: Dr Jayakanth, Nuclear Medicine Specialist, Endocrine Surgeon Dr. Faisal Ayub
15:10	15:28	The PET CT thyroid nodule - an approach	Dr Subramanian Kannan
15:28	15:46	Incidental Adrenal lesions - state of the art	Dr. Vageesh Ayyar
15:46	16:04	Carcinoids and the clinician	Dr. G. Shanmugasundar
16:04	16:20	Discussion	
16:20	16:50	Debate 3: Diabetes reversal programs - State of Art or State of Fraud?	Dr. Sambit Das, Dr. Karthik Balachandran. Balanced view: Dr. Boochandran
16:40	16:50	Discussion	
16:50	17:00	Break	
17:00	18:30	Industry Spotlight:	
17:00	17:30	Sanofi: Glycemic Metrics and patient centered considerations to assess Gen 2.0 Basal Insulin options	Speaker Dr NK Narayanan
17:30	18:00	Abbott India	
18:00	18:30	MSD	
18:30	19:30	General Body Meeting	
19:30	20:00	Hall A	





#### HALL A - Day 3 (2nd July, 2023)

From	То	Торіс	Moderator / Speaker
9:00	9:45	Workshop 4: Gestational Diabetes	Dr. Nivethitha Karthika, Dr. Anjali Sathya, Dr. Prem Kumar
9:55	10:35	Clinical Case Seminar 5: The patient with oligomenorrhea and infertility	Dr. Geethalakshmi, Dr. Nalini Kopalle, Dr. Janani Iyer
10:35	11:05	Debate 1: HRT for prevention of complications: Time to reintroduce?	Dr. Hepzibah, Dr. Chitra Selvan. Balanced view: Dr. Jayashree Gopal
11:05	12:00	Thematic Symposium 10: Adolescent Gynecologic Endocrinology	Chairpersons: Dr Anjalakshi, Dr. Sadish Kumar Kamalanathan
11:05	11:23	Hirsutism	Dr. Mala Dharmalingam
11:23	11:41	Eating Disorders	Dr. Aruna Chelliah
11:41	11:57	Discussion	
12:00	12:15	Break Halls Unite	
12:15	13:30	Plenaries	Dr. Krishna G Seshadri,
			Dr. Jayashree Gopal
12:15	12:35	Plenary 1: Digital detox: From an endocrine lens	Dr. Shashank Joshi
12:35	12:55	Plenary 2: Glucose Metabolism - From the gut to the tissues	Dr. Sunder Mudaliar
12:55	13:15	Plenary 3: Sleep, circadian rhythms and diabetes	Dr. Rakesh Sahay
13:15	13:30	Discussion	
13:30	13:40	Valedictory	Dr. Kumaravel, Dr. Vijay Bhaskar Reddy, Dr. Jayashree Gopal, Dr. Usha Ayyagari
13:40		Lunch and Close	

#### HALL B - Day 3 (2nd July, 2023) From То Topic **Moderator / Speaker** 9:00 9:45 Workshop 5: Endocrine Lab testing - Tests facts fallacies Dr. JP Sahoo, Dr. Mala Dharmalingam, Dr. Muthukumaran Jayapaul 10:25 9:45 Clinical Case Seminar 6: Male Hypogonadism Dr. Joel Franklin, Dr. S. Sridhar (Madurai), Dr. Kumar Thulasidass 10:35 11:05 Debate 2: Noninvasive management of nodules and goiters Yes: Dr. Mohnish, Interventional - time for primetime? Radiologist, No: Dr. Subramanian Kannan, Endocrinologist. Balanced view: Dr. Dhalapathy Sadacharan 11:05 12:00 Thematic Symposium 11: The endocrinology of health Chairpersons: Dr. Arun Kannan, Madurai, wellness and aging Dr Parandhaman KMC 11:05 11:23 The endocrinology of Longevity Dr. Anish Behl 11:23 11:41 Caloric restriction - Beyond metabolic benefits Dr. Nitin Kapoor 11:41 11:57 Discussion 12:00 12:15 **Break Halls Unite**

#### HALL C - Day 3 (2nd July, 2023)

From	То	Торіс	Moderator / Speaker
8:00	10:30	Oral Presentations on Thyroid Disorders	
10:35	11:05	Debate 3: LT3 in clinical care - Evidence Base or Emotion Base?	For: Dr. Ramamohan, Against: Dr. Soumik Goswami. Balanced view: Dr. PG Sundararaman
11:05	12:00	Thematic symposium 12: New and Novel	Chairpersons: Dr. J. Sangumani,
			Dr. Hariharan MMC
11:05	11:23	Al in endocrinology - companion or challenger?	Dr. Om Lakhani
11:23	11:41	New Drugs and the endocrinopathies that they cause - an update	Dr. Manoj Chadha
11:41	11:57	Discussion	
12:00	12:15	Break Halls Unite	





11th Annual Conference of Endocrine Society of Tamil Nadu & Puducherry 30<sup>th</sup> June, 1<sup>st</sup> & 2<sup>nd</sup> July 2023 Venue: ITC Grand Chola, Chennai

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For Details, Contact Dr. USHA AYYAGARI, Organising Secretary, *TRENDO* 2023 Mobile: 78458 45798 | Email: druayyagari@gmail.com

**Dr Jayashree Gopal** Organizing Chairperson Dr Krishna G Seshadri Scientific Chairperson Dr Shriraam Mahadevan Abstracts & Posters Chairperson

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