



TRENDO 2024



Emerging trends in Endocrinology & Diabetes

12th Annual Conference of Endocrine Society of Tamilnadu & Puducherry

Date: 14, 15, 16 June 2024

Venue: Suganya Convention Centre, Puducherry

**4 TNMC
Credit Hours
applied**



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TRENDO 2024



Dear Colleague,

It is our pleasure to invite and welcome you for TRENDO 2024, the 12th Annual Conference of the Endocrine Society of Tamilnadu & Puducherry to be held on 14, 15, 16 June 2024 at Suganya Convention Centre, Puducherry. The theme of TRENDO 2024 is “**Emerging Trends in Endocrinology & Diabetes**”.

TRENDO has established itself as a renowned and premier Endocrine and Diabetes meeting and is extremely popular among endocrinologists, diabetologists, physicians, pediatricians, obstetricians, gynecologists and postgraduates from various specialities for its stellar scientific content with a practical and clinical application – based content. TRENDO 2024 is being planned as a Virtual International Speakers Symposium on 14th June 2024 and as a physical event at Suganya Convention Centre, Puducherry on 15th & 16th June 2024 to reach out to all interested medical and allied fraternity participants.

The organizing team has meticulously planned scientific sessions covering all relevant domains of Endocrinology & Diabetes. Distinguished National & International faculties have been invited to deliver the best science in clinical practice. With an interactive format and diverse topics covered, the conference presents an ideal learning opportunity for all doctors and postgraduates.

We request you to join us in TRENDO 2024 and sincerely hope we can count on your support and participation.

Thanking you,
With regards

Dr. S. Vijaya Bhaskar Reddy
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Dr. P G Sundararaman
Organizing Chairperson, TRENDO 2024
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Dr. Jayaprakash Sahoo
Joint Organising Secretary, TRENDO 2024
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TRENDO 2024 ORGANISING TEAM



Patrons

Dr. AK Das
Puducherry

Dr. S. Murthy
Chennai

Dr. S. Sridhar
Chennai

Organising Chairperson

Dr. P G Sundararaman
Chennai

Organising Secretary

Dr. S. Vijaya Bhaskar Reddy
Puducherry

Joint Organising Secretary

Dr. Jayaprakash Sahoo
Puducherry

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Puducherry

Scientific Chairperson

Dr. Krishna Seshadri,
Chennai

Scientific Secretary

Dr. Sadishkumar Kamalanathan
Puducherry

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Dr. Muthukumaran Jayapaul, Chennai
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Dr. Nitin Kapoor, Vellore
Dr. Usha Ayyagari, Chennai
Dr. Bharath Ramji, Chennai
Dr. Suresh Damodharan, Coimbatore
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Dr. Nivethitha Karthika, Madurai
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Dr. Narayanan NK, Chennai
Dr. Kumar Thulasidass, Chennai
Dr. Suresh Prabu, Coimbatore
Dr. Senthil Raja, Salem



TRENDO 2024



Virtual International Speakers symposium

DAY 1 | FRIDAY, 14 JUNE 2024 | IST 2.00 - 6.30 PM

We are honoured to have eminent speakers of international repute share their knowledge and experience with us. Please join us for this academic feast.

MODERATORS

Dr. Sanjay Kalra

Senior Consultant Endocrinologist
Bharti Hospital, Karnal

Dr. Nitin Kapoor

Professor of Endocrinology,
& Diabetes, CMC, Vellore

Dr. Usha Ayyagari

Senior Consultant Endocrinologist
Apollo Hospitals, Chennai

Time	Topic	Speakers
2.00 - 2.45 pm	Prevention of diabetes-related complications-The current evidence and the road to the future	Professor Jonathan Shaw, Head, Clinical Diabetes & Epidemiology, Lead, Diabetes Complications program Deputy Director, Clinical and Population Health, Baker Heart & Diabetes Institute, Melbourne, Australia
2.45 - 3.30 pm	Management of PCOS – Insights from the new evidence based guideline	Professor Helena Teede, Director, Monash Centre for Health Research & Implementation, Endocrinologist, Monash Health, Monash University, Australia
3.30 - 4.15 pm	Utility of FRAX and FRAX plus in clinical practice	Professor Eugene McCloskey, Adult Bone Disease, Metabolic Bone Center, Northern General Hospital, Sheffield, UK
4.15 - 5.00 pm	TBA	
5.00 - 5.45 pm	TBA	Professor Mark Gurnell, Professor of Endocrinology, Clinical Lead for adrenal & pituitary services. Addenbrooke's Hospital, University of Cambridge, UK
5.45 - 6.30 pm	Hypopituitarism in the tropics	Professor Noel Somasundaram, Consultant Endocrinologist, Diabetes & Hormone Centre, Colombo, Sri Lanka

Link for registration: www.rx-events.live/VirtualTREND02024/

Registration free, but mandatory

Delegates attending only Virtual symposium online are not eligible for TNMC credit hours

HALL A - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
08:45 - 09:00	Inauguration	
09:00 - 09:45	Workshop 1: Testing the adrenal system: a step by step approach	Moderator: Dr. Kalyani, Panel Members: Dr. Anantharaman, Dr. Aravind, Dr. Geetha Lakshmi
09:45 - 10:30	Clinical Case Seminar 1: Management of Hypothyroidism: Clinical Challenges	Moderator: Dr. Rajan Palui, Panel Members: Dr. Usha Ayyagari, Dr. Milind, Dr. Arul Prakash
10:30 - 11:45	Thematic Symposium 1: Hypoglycemia in Clinical Care	Chairperson: Dr. Velayudham Dr. Suresh
10:30 - 10:50	Approach to the patient with suspected insulinoma	Dr. Beatrice Anne
10:50 - 11:10	Non Tumoral Hypoglycemia	Dr. Rameez Raja
11:10 - 11:30	Hypoglycemia unawareness: An approach	Dr. Joe George
11:30 - 11:45	Discussion	
11:45 - 12:00	Break	
12:00 - 13:30	Orations and Keynote	Dr. Krishna Seshadri, Dr. Jayashree Gopal, Dr. S. Vijaya Bhaskar Reddy
12:00 - 12:30	Presidential Oration: Clinical Practice to Research: Bridging the Gap	Dr. Kumaravel Velayudham, Madurai
12:30 - 13:00	Dr. Kannan Rastogi Oration: Osteoporosis - a preventable NCD which deserves more attention	Dr. Manoj Chadha, Mumbai
13:00 - 13:30	Keynote: Clinical cases: Diabetes and brain and nervous system	Dr. Nihal Thomas, Vellore
13:30 - 14:15	LUNCH	

HALL A - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
14:15 - 15:30	Thematic Symposium 3: Endocrine Frontiers	Dr. Vignesh, Dr. Rashmi
14:15 - 14:35	The Endocrinology of Longevity	Dr. Muralidharan
14:35 - 14:55	The Endocrinology of Transgender	Dr. Mathew John
14:55 - 15:15	The Endocrinology of Clocks	Dr. Hari Kumar
15:15 - 15:30	Discussion	
15:30 - 16:45	Thematic Symposium 5: Diabetes	Dr. S. Sridhar, Dr. Palaniappan
15:30 - 15:50	The first year diabetes - Does it count and how to make it count?	Dr. Ashok Kumar Das
15:50 - 16:10	Remissions in Diabetes - the possible and plausible	Dr. Sunil Kota
16:10 - 16:30	Emerging and newer infections in the diabetic patient	Dr. Naseer Ali
16:30 - 16:45	Discussion	



TRENDO 2024



HALL A - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
17:00 - 19:30	INDUSTRY SPOTLIGHT	
17:00 - 18:00	Micro Lab Ltd. Topic: TBA	TBA
18:00 - 18:30	GSK Topic: TBA	TBA
18:30 - 19:00	Sanofi - Topic: Paradigm shift in T2DM management with combination of IGlarLixi	Dr. Anand Kumar Annamalai
19:00 - 19:30	Bohringer Ingelheim - Topic: Holistic Cardio - Renal - Metabolic Care: A patient-centric perspective	TBA
19:30 Onwards	DINNER	

HALL B - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
09:00 - 09:45	Workshop 2: Weight loss through lifestyle changes	Moderator: Dr. Nivethitha Karthika, Panel Members: Dr. Sruthi, Dr. Sakthivel, Dr. Joel Franklin
09:45 - 10:30	Clinical Case Seminar 2: Water metabolism	Moderator: Dr. Varun, Panel Members: Dr. Mahesh DM, Dr. Sathian Raghavan, Dr. Anjali Sathya
10:30 - 11:45	Thematic Symposium 2: Thyrotoxicosis	Chairperson: Dr. Leelavathy, Dr. Arun Kannan
10:30 - 10:50	Low uptake thyrotoxicosis	Dr. Abhay Sahoo
10:50 - 11:10	Medical management of Graves Disease: State of the art	Dr.Muthukumaran Jayapaul
11:10 - 11:30	Thyroid Associated Orbitopathy: Endocrinologist role	Dr. Santosh
11:30 - 11:45	Discussion	
11:45 - 12:00	Break	
12:00 - 13:30	Hall A	
13:30 - 14:15	LUNCH	

HALL B - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
14:15 - 15:30	Thematic Symposium 4: Calcium and mineral metabolism	Dr. Thomas Paul Dr. Latchoumibady
14:15 - 14:35	Approach to hypocalcemia	Dr. Shriram Mahadevan
14:35 - 14:55	Hyperparathyroidism: Atypical manifestations	Dr. Ameya Joshi
14:55 - 15:15	Calcium, Vitamin D, the Bone and the failing kidney: Approach and Care	Dr. Suresh Prabu
15:15 - 15:30	Discussion	
15:30 - 16:45	Thematic Symposium 6 : All in the family	Dr. Raghuram, Dr. Prem Kumar
15:30 - 15:50	Familial Dyslipidemia	Dr. Remya Rajan
15:50 - 16:10	Familial Endocrine tumor syndromes	Dr. Vageesh Iyer
16:10 - 16:30	Familial Autoimmune Endocrinopathies	Dr. Kumar Thulasidass
16:30 - 16:45	Discussion	



TRENDO 2024



HALL B - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
17:00 - 19:00	Industry Spotlight	
17:00 - 18:00	Novo Nordisk Topics : TBA	TBA
18:00 - 18:30	Glenmark - Topic: New era in type 2 diabetes management: Biosimilar Liraglutide	Dr. Ashok Kumar Das
18.30 - 19:30	General Body Meeting	
19:30 Onwards	DINNER	

HALL C - DAY 2 | SATURDAY, 15 JUNE 2024

Time	Topic	Moderators / Speakers
09:00 - 10:00	Workshop: Clinical Research in Endocrinology.	TBA
10:00 - 13:00	Oral presentations	
10:00 - 19:00	Poster presentations display	
14:00 - 17:00	Poster presentations judging	

HALL A - DAY 3 | SUNDAY, 16 JUNE 2024

Time	Topic	Moderators / Speakers
09:00 - 09:45	Workshop 3: Abnormal thyroid function tests - understanding the nuances	Moderator: Dr.S. Sridhar, Panel members: Dr. Ayan Roy, Dr. Harsh Durgia, Dr. Sudeep
09:45 - 10:30	Clinical Case Seminar 3: Endocrine Causes of Subfertility	Moderator: Dr. Lakshmi Nagendra, Panel members: Dr. Vidhya Jahagirdar, Dr. Niya Narayanan, Dr. NK Narayanan
10:30 - 11:45	Thematic Symposium : Menopause and beyond	Dr. Ghurulakshmi, Dr Latha
10:30 - 10:50	Metabolic changes at the menopause transition - Clinical implications	Dr. Krishna Seshadri
10:50 - 11:10	Revisiting HRT for well being- Have we gone wrong?	Dr. Usha Sriram
11:10 - 11:30	The patient with early and premature ovarian insufficiency	Dr. Jayashree Gopal
11:30 - 11:45	Discussion	
11:45 - 12:00	Break (Halls Unite)	
12:00 - 13:15	Plenaries	Dr. Krishna Seshadri, Dr. Usha Ayyagari
12:00 - 12:25	Plenary 1: NAFLD/MAFLD/MASLD: What's in a name?	Dr. Satinath Mukhopadhyay
12:25 - 12:50	Plenary 2: Thyrotoxicosis in pregnancy	Dr. PK Jabbar
12:50 - 13:15	Plenary 3: Endocrine hypertension: Case conundrums	Dr. Anurag Lila
13:15 - 14:15	LUNCH	

HALL A - DAY 3 | SUNDAY, 16 JUNE 2024

Time	Topic	Moderators / Speakers
14:15 - 14:45	Debate 1: App based weight loss programs - Science or Pseudo Science	Dr. S. Murthy
	For Science	Dr. Barath Ramji
	For Pseudoscience	Dr. Warun Kumar
14:45 - 15:15	Debate 3: Chiro Inositol for PCOS: Time to adopt?	Dr. Jayashree Gopal
	Certainly	Dr. Swaramya
	Not yet	Dr. Chitra Selvan
15:15 - 15:45	Rapid fire: New drugs in clinical care	Dr. Govindaraj, Dr. Subbiah
15:15 - 15:25	Imeglimin	Dr. Arun Viswanath
15:25 - 15:35	Icosapentethyl	Dr. Chandana
15:35 - 15:45	Finerenone	Dr. Shanmugasundar
15:45 - 16:15	Quiz	Dr. Rajan Palui, Dr. Harsh Durgia
16:15 - 16:30	Valedictory & Vote of thanks	
16:30 Onwards	HIGH TEA	

HALL B - DAY 3 | SUNDAY, 16 JUNE 2024

Time	Topic	Moderators / Speakers
09:00 - 09:45	Workshop 4: Digital Therapeutics in Diabetes	Moderator: Dr. Om Lakhani Panel Members: Dr. Felix Jebasingh Dr. Krishnan Swaminathan, Dr. Rajesh Rajendran
09:45 - 10:30	Clinical Case Seminar 4: The Metabolic Consequences of PCOS	Moderator: Dr. Vijayasathy, Panel Members: Dr. Chitra Selvan, Dr. Priyadarshini, Dr. Aruna Chelliah
10:30 - 11:45	Thematic Symposium: Obesity	Dr. Meher Prasad, Dr. Deepika
10:30 - 10:50	The neuroendocrinology of obesity	Dr. Mohan Shenoy
10:50 - 11:10	Measuring obesity - time to retire the BMI?	Dr. Suresh
11:10 - 11:30	Medical Management of Obesity - State of the art	Dr. Nitin Kapoor
11:30 - 11:45	Discussion	
11:45 - 12:15	Break	
12:00 - 13:15	Hall A	
13:15 - 14:15	LUNCH	
14:15 - 14:45	Debate 2: Are we over diagnosing and overtreating lack of Vitamin D	Dr. PG Sundararaman
	YES	Dr. Krishnan Swaminathan
	NO	Dr. Anand Kumar Annamalai

HALL B - DAY 3 | SUNDAY, 16 JUNE 2024

Time	Topic	Moderators / Speakers
14:45 - 15:15	Debate 4: Does tissue hypothyroidism exist and should we treat it?	Dr. Suresh Damodharan
	Definitely	Dr. Ramamohan
	Not so fast	Dr. Manikandan
15:15 - 15:45	Rapid fire: New tools in clinical care	Dr. Leo Gunalane, Dr. Suryanarayana
15:15 - 15:25	NT Pro BNP in Diabetes practice	Dr. Senthil Raja
15:25 - 15:35	Triglyceride Glucose Index	Dr. Thiyagarajan Thangavelu
15:35 - 15:45	The 1 hour post glucose value - comeback kid?	Dr. Ram Kumar
15:45 - 16:30	Hall A	

HALL C - DAY 3 | SUNDAY, 16 JUNE 2024

Time	Topic
08:00 - 10:00	Oral presentations (Final round)
08:00 - 13:00	Poster presentations display



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Endocrine Society of
Tamilnadu & Puducherry

Date: 14, 15, 16 June 2024
Venue: Suganya Convention
Centre, Puducherry



Link for registration:



www.estn.co.in/Trendo2024/registration.php

Category	Early Bird Registration (Before 30th May 2024)	Normal Registration (1st June 2024 - 13th June 2024)	Spot Registration
Delegate	Rs. 4,000/-	Rs. 6,000/-	Rs. 8,000/-
Postgraduate	Rs. 2,000/-	Rs. 3,000/-	Rs. 4,000/-

Registration Free for Doctors Submitting Abstracts

Payment should be made in favour of "The Endocrine Society" Payable at Puducherry.

For NEFT Transfer:

Bank Name: Indian Bank | Current Account: 6233468324 | IFSC Code: IDIB000R076

Please send your Cheque / DD to the following address:

TRENDO 2024 Conference Secretariat

Dr. S. Vijaya Bhaskar Reddy

Vijaya Diabetes, Thyroid & Endocrine Clinic

12, First Cross, Saradambal Nagar, Puducherry – 605 005.

SCAN to PAY by UPI

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