



# TRENDO 2026

*Emerging Trends in Endocrinology & Diabetes*



**14<sup>th</sup> Annual Conference of  
Endocrine Society of  
Tamil Nadu and Puducherry**

**19<sup>th</sup>, 20<sup>th</sup> Sat & 21<sup>st</sup> Sun, June 2026**

**Venue : Hotel Radisson, Salem**



# TRENDO 2026



Dear Colleague, Vanakkam !

Greetings to you. On behalf of the organizing committee **TRENDO 2026**, we take immense pleasure in inviting you to the 14th annual conference of the Endocrine Society of Tamil Nadu and Puducherry to be held on June 19th , 20th and 21st 2026 at Hotel Radisson, Salem.

The name "Salem" is derived from Shalya, which refers to the country surrounded by hills. Salem is also called the "Mango City" and "Steel City". Salem is well connected with the rest of the state and has many tourist attractions in and around the city – Yercaud Hills, Kolli Hills, Mettur Dam, Hogenakkal Falls, Mookaneri & Kumaragiri Lakes, Sri Kailasanathar Temple, Sri Kodandapani Ramar Temple, 1008 Lingam temple, Muthumalai Murugan Temple, Sri Ramanujar Manimandapam Temple, Sankagiri Fort, ISKCON and many more. It is renowned for its vast magnesite deposits, large-scale sago (tapioca) production, traditional silver anklets, large textile industries and Salem Steel Plant. Surrounded by hills, it acts as a gateway to the Yercaud hill station.

**TRENDO** has established a benchmark with its scientific content, unbiased opinion and has been widely appreciated for the way it has been conducted over the past years. **TRENDO 2026** will address latest updates, emerging concepts, clinical applications and controversies in diabetes, obesity, thyroid disorders, gonadal dysfunction, pituitary disorders, metabolic bone disease and adrenal diseases.

We have for you a mix of plenary sessions, lectures, workshops, symposia, clinical case seminars, debates, posters and oral presentations.

We have invited distinguished international faculties and eminent national faculties from different institutions across the country for this mega event.

It is our proud privilege and pleasure to welcome you all to Salem for **TRENDO 2026** to be held on June 19, 20 & 21 at Radisson, Salem. In the last decade **TRENDO** has grown to be the most sought-after annual event among the medical fraternity in Tamil Nadu and South India. We this year anticipate 1300-1500 delegates comprising of Physicians, General Practitioners, Diabetologists, Gynecologists, Endocrinologists and other medical specialities who will be benefited by this conference.

Please do not hesitate to contact any member of our team for any queries regarding this meeting or your participation.

Regards

**Dr. A. Premkumar,**  
Organising Secretary, TRENDO 2026

## OFFICE BEARERS - Endocrine Society of Tamilnadu & Puducherry

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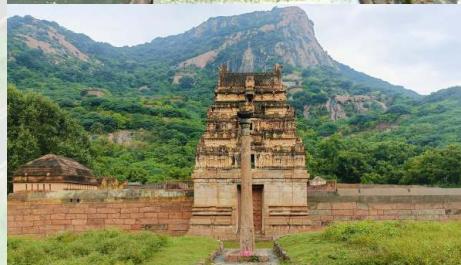
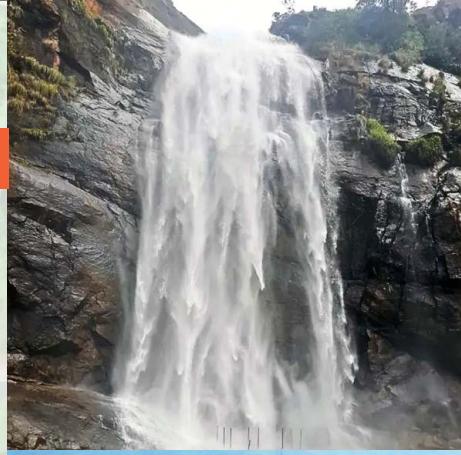
**Dr. Geethalakshmi**

**Dr. A. Premkumar**

**Dr.N.K. Narayanan**

**Dr.S.Sridhar**

**Dr.Jayaprakash Sahoo**



## TRENDO 2026 TEAM

<b>Organising Chairman</b> Dr. P. Velayutham	<b>Organising Secretary</b> Dr. A. Premkumar	
<b>Scientific Chairman</b> Dr. Kumaravel. V	<b>Scientific Secretary</b> Dr. Sathian Raghavan	<b>Finance Secretary</b> Dr. M. Senthil Raja
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## TRENDO 2026 - Speakers

<b>Dr. Adlyne Reena Asirvatham</b> , Chennai	<b>Dr. Krishna Seshadri. G</b> , Chennai	<b>Dr. Ravikiran.M</b> , Chennai
<b>Dr. Ameya Joshi</b> , Mumbai	<b>Dr. Krishnan Swaminathan</b> , Coimbatore	<b>Dr. Major.Ravishankar.D</b> , Salem
<b>Dr. Anand Kumar Annamalai</b> , Madurai	<b>Dr. Kumar Thulasidass</b> , Chennai	<b>Dr. Rekha Rajesh</b> , Hosur
<b>Dr. Anatharaman R</b> , Bengaluru	<b>Dr. Kumaravel.V</b> , Madurai	<b>Dr. Remya Rajan. R</b> , Vellore
<b>Dr. Anil Bhansali</b> , Chandigarh	<b>Dr. Kushboo Agarwal</b> , Vellore	<b>Dr. Sadishkumar</b> , Puducherry
<b>Dr. Anish Behl</b> , Mysuru.	<b>Dr. Lakshmi Nagendra</b> , Mysuru	<b>Dr. Sameer Aggarwal</b> , Delhi
<b>Dr. Anitha Somasundaram</b> , Erode	<b>Dr. Mahesh. D.M</b> , Benagaluru	<b>Dr. Sanjay Kalra</b> , Kamal
<b>Dr. Anjali Sathya</b> , Chennai	<b>Dr. Manikandan.R.M</b> , Madurai	<b>Dr. Saptarshi Bhattacharya</b> , New Delhi
<b>Dr. Arpan Dev Bhattacharya</b> , Bengaluru	<b>Dr. Mathew John</b> , Trivandrum	<b>Dr. Sathian Raghavan</b> , Salem
<b>Dr. Arul Prakash</b> , Tuticorin	<b>Dr. Meher Prasad</b> , Vijayawada	<b>Dr. Senthilraja.M</b> , Salem
<b>Dr. Arulnathan. A</b> , Viruthachalam	<b>Dr. Mohan T Shenoy</b> , Thiruvananthapuram	<b>Dr. Shanmugasundar. G</b> , Chennai
<b>Dr. Arun Kannan</b> , Madurai	<b>Dr. Muralidharan. R</b> , Chandigarh	<b>Dr. A.S.Shamugavelu</b> , Erode
<b>Dr. Arun Viswanath</b> , Tirunelveli	<b>Dr. Murthy. S</b> , Chennai	<b>Dr. Shanmugavelu</b> , Trichy
<b>Dr. Aruna Chelliah</b> , Madurai	<b>Dr. Muthukumaran Jayapaul</b> , Chennai	<b>Dr. Shelhla Shaikh</b> , Mumbai
<b>Dr. Arundhati Dasgupta</b> , Siliguri	<b>Dr. Narayanan. N.K</b> , Chennai	<b>Dr. Shriraam Mahadevan</b> , Chennai
<b>Dr. Asirvatham.A.J</b> , Madurai	<b>Dr. Nihal Thomas</b> , Vellore	<b>Dr. Sivan Arul Selvan. S</b> , Vellore
<b>Dr. Asha Ranjan</b> , Chennai	<b>Dr. Nisha Bhavani</b> , Kochi	<b>Dr. Sri Naesh. V</b> , Hyderabad
<b>Dr. Asha.H.S</b> , Vellore	<b>Dr. Nitin Kapoor</b> , Vellore	<b>Dr. Sridhar. S</b> , Madurai.
<b>Dr. Ashu Rastogi</b> , Chandigarh	<b>Dr. Nivethitha Karthika</b> , Madurai	<b>Dr. Srinivasan. R</b> , Coimbatore
<b>Dr. Balamurugan.M</b> , Coimbatore	<b>Dr. Om J Lakhani</b> , Surat	<b>Dr. Sruthi Chandrasekaran</b> , Chennai
<b>Dr. Bharath.R</b> , Chennai	<b>Dr. Padala Ravi Kumar</b> , Berhamapur	<b>Dr. Subramanian Kannan</b> , Bengaluru
<b>Dr. Deepak Anand.R</b> , Hosur	<b>Dr. Palani Vel</b> , Namakkal	<b>Dr. Sundararaman. P.G</b> , Chennai
<b>Dr. Dhalapathy Sadacharan</b> , Chennai	<b>Dr. Prakash.G</b> , Salem	<b>Dr. Suresh Damodharan</b> , Coimbatore
<b>Dr. Dhavashree.V</b> , Salem	<b>Dr. Pramila Kalra</b> , Bengaluru	<b>Dr. Suresh Prabhu</b> , Coimbatore
<b>Dr. Dukhabandhu Naik</b> , Puducherry	<b>Dr. Prasad Rao</b> , Chennai	<b>Dr. Suresh. S</b> , Chennai
<b>Dr. Durairaj Arjunan</b> , Coimbatore	<b>Dr. Prathosh Gangadhar. T.K</b> , Calicut	<b>Dr. Suresh. V</b> , Mangalagiri
<b>Dr. Felix Jebasingh</b> , Vellore	<b>Dr. Praveen Ramachandra</b> , Bengaluru	<b>Dr. Thiyagarajan.T</b> , Coimbatore
<b>Dr. Ganapathi Bantwal</b> , Bengaluru	<b>Dr. Premkumar. A</b> , Salem	<b>Dr. Thomas V Paul</b> , Vellore
<b>Dr. Geethalakshmi</b> , Chennai	<b>Dr. Prem Narayanan</b> , Palakkad	<b>Dr. Usha Ayyagari</b> , Chennai
<b>Dr. Ghurulakshmi Moorthy</b> , Chennai	<b>Dr. Priyadarshini.R</b> , Erode	<b>Dr. Vani Pujari</b> , Salem
<b>Dr. Gnanasankar Natesan</b> , Salem	<b>Dr. Priyanka Vignesh</b> , Chennai	<b>Dr. Velayutham.P</b> , Coimbatore
<b>Dr. H.K. Ganesh</b> , Mangalore	<b>Dr. Raghu.S</b> , Erode	<b>Dr. Vidhya Rajeev Jahagirdar</b> , Coimbatore
<b>Dr. Jayaprakash Sahoo</b> , Puducherry	<b>Dr. Raghuraman</b> , Madurai	<b>Dr. Vignesh. G</b> , Trichy
<b>Dr. Jayashree Gopal</b> , Chennai	<b>Dr. Rajaganesan. B</b> , Salem	<b>Dr. Vijaya Bhasker Reddy. S</b> , Puducherry
<b>Dr. Jabbar. P.K</b> , Trivandrum	<b>Dr. Rajesh Rajendran</b> , Chennai	<b>Dr. Vimal. M.V</b> , Calicut
<b>Dr. Joe George</b> , Kozhikode	<b>Dr. Ramamohan. M.V</b> , Nellore	<b>Dr. Warun Kumar</b> , Ramanathapuram
<b>Dr. Joel Franklin</b> , Nagercoil	<b>Dr. Rameez Raja</b> , Chennai	
<b>Dr. Kripa Elizabeth Cherian</b> , Vellore	<b>Dr. Ravi Kannan.M</b> , Madurai	

# TRENDO 2026 - TOPICS

## DIABETES

- Beta Cell Replacement in Type 1 Diabetes
- Management of Hypoglycemic Unawareness
- Type 5 Diabetes
- Assessment of At Risk Diabetes Foot
- Preventing CKD In Diabetes
- Early GDM
- PPAR in Diabetes Care
- Diabetes Remission
- Newer Insulins and Co-Formulations
- Weekly GLP-1 RA in Diabetes Care
- GLP + GIP RA and its Extended Benefits in Diabesity
- Managing Diabetes in Rural Settings
- Diabetic Pneumopathy
- Diabetic Distress
- Monogenic diabetes in India
- Clearing air around Inhaled Insulin
- CVA Prevention in Diabetes
- The Charcot foot
- CGM, TIR & AI
- Next Generation GLP-1 And Dual/ Triple Agonists
- Amylin In Diabetes
- Once Weekly Insulin

## SYMPOSIA

- CKM symposium
- Obesity Symposium
- Diabetes in Pregnancy
- PCOS
- Non Diabetic Hypoglycemia
- Hyponatremia
- AI in Diabetes Care

## DEBATE

- Obesity Treatment- Surgery Vs Medical Therapy
- Remission Therapy for all Newly Diagnosed Type 2 Diabetes
- RIA should be the first choice therapy for of all patients with Hyperthyroidism
- Social Media in Diabetes

## THYROID

- Special Diet For Thyroid - Fact or Fiction
- Refractory Hypothyroidism
- Thyroid Eye Disease - Recent Medical Advances
- Drug Induced Alterations In Thyroid Function Test
- Evaluation of Thyroid Nodule
- Hypothyroidism in Pregnancy
- LT3 in Managing Hypothyroidism

## ENDOCRINE

- Managing Steroid Abuse
- Are we missing Primary Hyperparathyroidism
- Metabolic Bone Disease in Tropics
- Evaluation of Secondary Hypertension
- Endocrine Emergencies
- Osteoporosis: How Should Physician And Gynaecologists Approach
- Adrenal Insufficiency in ICU
- Evaluation Of Pituitary Adenoma
- Evaluating an Adrenal Mass
- Are we missing Cushing's Syndrome
- Hypopituitarism in Tropics
- Polyglandular Auto-immune Syndrome In Clinical Practice
- Nuclear Medicine in Endocrine Practice

## OBESITY

- Overcoming Hedonic Eating
- Emerging Weightloss Strategies
- Sleep and Obesity
- Diagnosing and Managing MASH
- Sarcopenic Obesity
- Monogenic Obesity
- Evaluating a patient with Obesity

## REPRODUCTIVE ENDOCRINOLOGY

- Subtype Guided Care in PCOS
- Induction and Maintenance of Puberty in Male Hypogonadism
- Hyperprolactinemia
- Hyperandrogenemia Evaluation and Management
- Precision Gestational Diabetes Care

## WORK SHOP

- Diabetic Foot
- Insulin Pump
- Diet in Obesity

## FOR REGISTRATION

Contact Conference Secretariat :

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